



CLEAN REGATTAS PLATINUM REPORT



October 2021

The Irish Sailing Youth National Championships is an annual event.

The event is unique - not only is it the biggest youth event held in Ireland, it's the only time that different youth classes come together to compete, gain valuable experience on the water, hear from Irish Sailing coaches, and, along with their families, learn more about the Irish Sailing Performance Pathway.

There are five classes taking part from all across the country.

Irish Sailing saw this as a perfect opportunity to promote environmental awareness and achievable actions for reducing the impact of activities on the environment.

Volunteers, employees, visitors, competitors and club members were all invited to join the campaign during the event and with evergreen actions.

Gail MacAllister
Sustainability Officer
Irish Sailing
gail.macallister@sailing.ie

Elimination of Single-Use Items

1. Eliminate Single-Use Water Bottles and Provide Water Refill Stations

- The event was a “No Single Use Plastic” event. Participants, volunteers and employees all used reusable bottles and the club hydration stations.



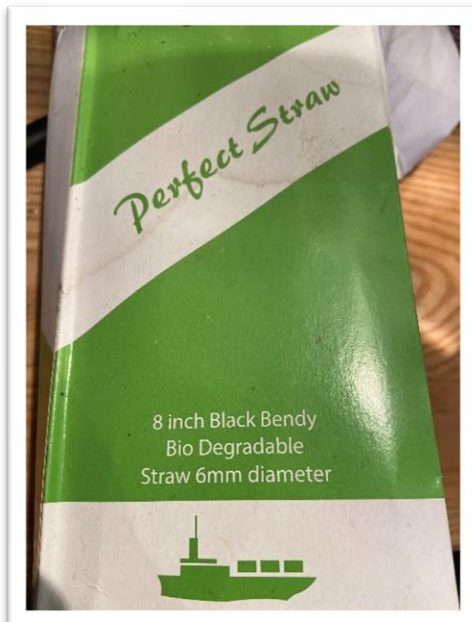
Just a few of the participants and race officers with their reusable bottles

2. Eliminate Plastic Straws

- Royal Cork Yacht Club does not make straws generally available, though does have biodegradable straws available should a client require one due to disability requirements.

3. Serve Food with Plastic-Free Dinnerware

- All meals were served in reusable crockery.



Biodegradable Straws



Crockery used

4. Use or Provide Reusable Bags

- Cloth bags provided for every participant, volunteer and employee.
- Volunteer lunches provided in compostable lunch bags.



Reusable cloth bags provided



Biodegradable lunch bags

5. Award Practical Items or Use a Perpetual or Upcycled Trophy

- Awards made by Willie in Clonmines Joinery from scraps of leftover stairs timbers. Their environmental policy <https://www.clonminesjoinery.ie/environment/>



Upcycled scrap wood awards

Community Involvement

6. Publicize Your Sustainable Efforts

- Environmental message on web page <https://www.sailing.ie/Racing/Irish-Sailing-Youth-National-Championships#1873> (see below).
- Posters promoting #2minutebeachclean competition and awareness of habitats were displayed around the club house.
- Invited Olympic Silver Medalist, Annalist Murphy, and Round World Sailor, Damian Foxall, to endorse the programme.

Environmental

This is a "Clean Regattas" event registered with Sailors for the Sea. The event has a set of environmental standards to follow throughout the event, to help reduce our impact on the environment and keep our sea a cleaner place to sail.

NB: Rule 47 Environment will be active.

"47 TRASH DISPOSAL Competitors and support persons shall not intentionally put trash in the water. This rule applies at all times while afloat. The penalty for a breach of this rule may be less than disqualification."



We ask you ..

- **No Single Use Plastics** - bring your bottle and use the refill station
- Use reusable lunch bags please
- **No plastic straws**
- Avail of the composting and recycling bins

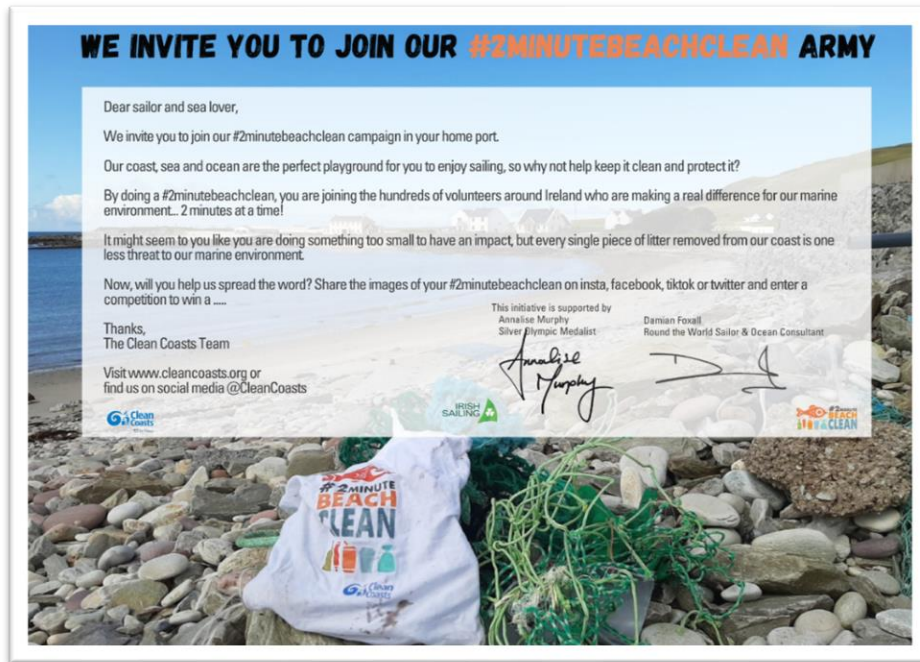
As a venue and event management team we will also do all we can to reduce our impact on the environment during the event, with ...

- Plastic-Free Dinnerware
- Encourage use of Reusable Bags
- Responsibly sourced trophies
- Publicising your sustainability efforts
- Providing educational awareness of the eco system within the harbour
- Inviting you to a 2 Minute Beach Clean Competition
- Personal environmental messaging
- Providing responsibly sourced meals
- Vegetarian availability
- A "Green Team" on site
- Choice of waste bins
- Food waste management
- Paperless event management
- Access to local bus, foot paths and bike paths
- Eco-Smart Race Management
- Blue Flag Marina standard toxins management
- Encouraging "green boating" practices




If you would like more ideas on how you can #makeadifference and help to keep our waters blue head over to www.sailing.ie/Our-Environment

Extract from event page



Invitation to join the #2minutebeachclean campaign

7. Involve Local Organisations

- Supplies sources locally for catering, boat repair, management.
- Volunteers from local community.
- Royal Cork Yacht Club collaborate with a local scheme “One Green Village” for environmental care and awareness in the community
- The club links up with MaREI – the SFI Research Centre for Energy, Climate and Marine research and innovation by providing talks to the youth within the club.



MaREI environmental awareness talk to youth

8. Post Educational and Reusable Signage

- We invited Bird Watch Ireland to provide posters and leaflets for display at the club to create an awareness of the birdlife in and around our coastline.
- Set of updated signs are available on line and used by this event and available for others too.



Bird Watch Ireland Poster

Event / Venue Sustainability Posters

Irish Sailing have made a range of posters you may find useful to download for use in your centre or club.

If you would like a personalised poster for particular refill points list or separation bins please just ask and we are happy to organise it for you.

CLICK ON THE IMAGE AND GET THE POSTER PDF

<p>COMPOST ONLY</p>	<p>NO SINGLE USE PLASTIC</p>	<p>RACING RULE 47 ACTIVE</p> <p><small>NO WINDSOR 2019/2020. Competitors to not support sponsors that are involved in the sale of alcohol. For more information on this rule, please visit www.racingrule47.com</small></p>
	<p>Refill Points</p> <p>• BAR • TAP IN YARD</p>	<p>THIS WATER IS SAFE TO DRINK</p>

Downloadable posters on sailing.ie

9. Serve Local Food or Source Seafood Sustainably

- Meats are sourced from responsible suppliers and all goods purchased from local suppliers where possible.



A few local food supplier samples

Responsible Waste Management

10. Organize a Green Team

- The green team tend to be hard to capture, so we managed to get Green Team member Gavin Deane and the Rear Admiral of the club to do some modelling for you.
- Other Green Team members were Gail MacAllister and Miriam McMahon



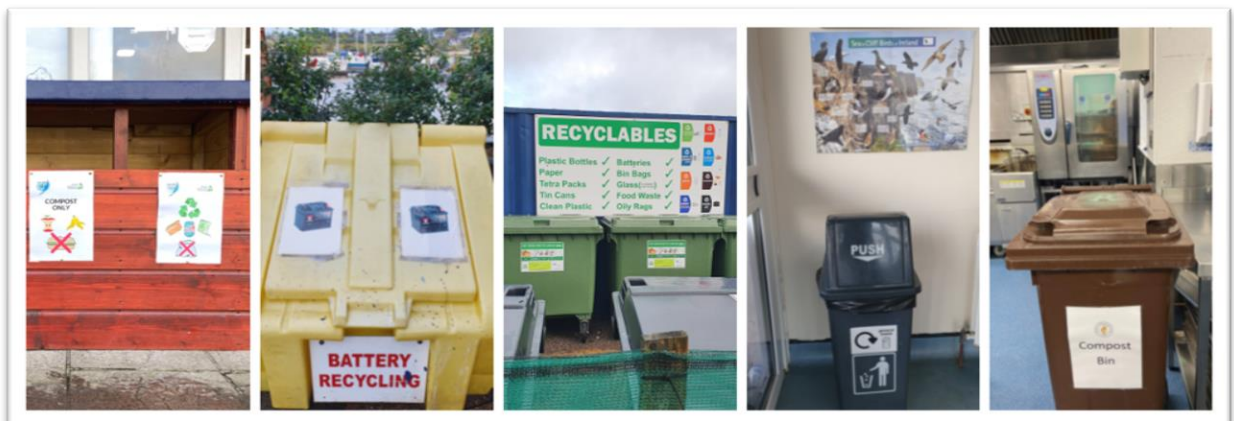
Rear Commodore and Sustainability Manager

11. Ensure Proper Waste Bin Placement and Signage

- A wide variety of waste disposal options and locations are made available for participants.

12. Divert Food Waste from the Landfill

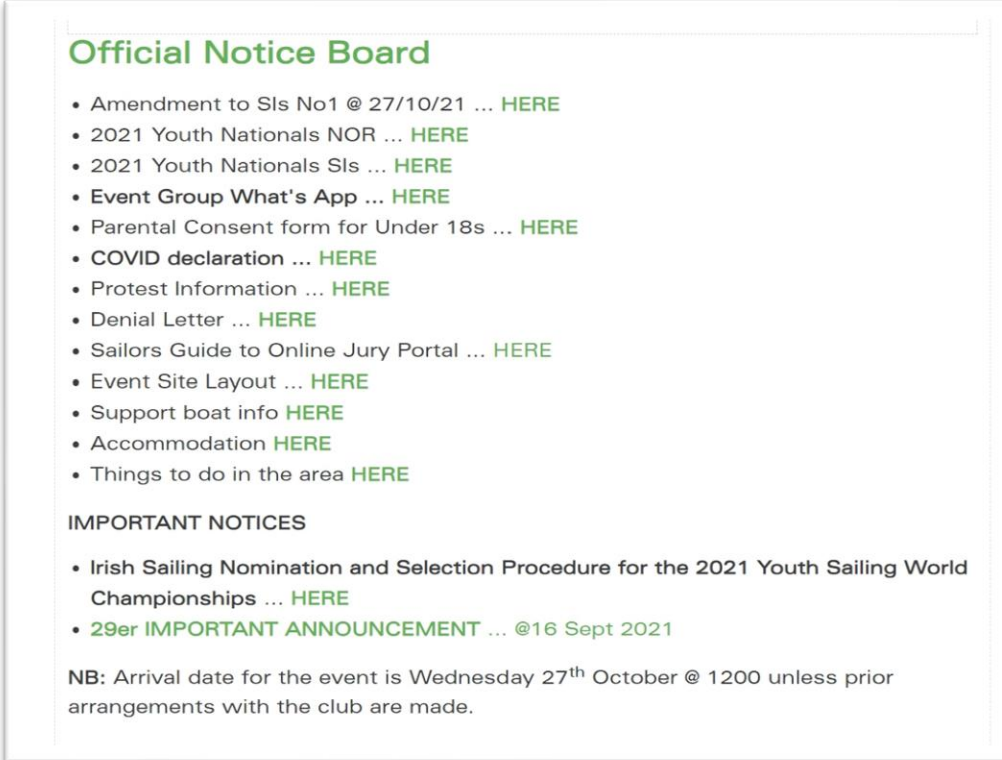
- The kitchen of Royal Cork Yacht Club has food waste bin, which is then collected EPA licensed waste collector, Greenstar.
- All organic waste collected is composted in an environmentally friendly manner.



A bin for every type of waste

13. Use Paperless Event Management

- All documents were made available on the website, including parental consent, jury documents, SIs, denial letter and more on the 'Official Notice Board'
<https://www.sailing.ie/Racing/Irish-Sailing-Youth-National-Championships#1151>



Official Notice Board

- Amendment to SIs No1 @ 27/10/21 ... [HERE](#)
- 2021 Youth Nationals NOR ... [HERE](#)
- 2021 Youth Nationals SIs ... [HERE](#)
- Event Group What's App ... [HERE](#)
- Parental Consent form for Under 18s ... [HERE](#)
- COVID declaration ... [HERE](#)
- Protest Information ... [HERE](#)
- Denial Letter ... [HERE](#)
- Sailors Guide to Online Jury Portal ... [HERE](#)
- Event Site Layout ... [HERE](#)
- Support boat info [HERE](#)
- Accommodation [HERE](#)
- Things to do in the area [HERE](#)

IMPORTANT NOTICES

- Irish Sailing Nomination and Selection Procedure for the 2021 Youth Sailing World Championships ... [HERE](#)
- **29er IMPORTANT ANNOUNCEMENT** ... @16 Sept 2021

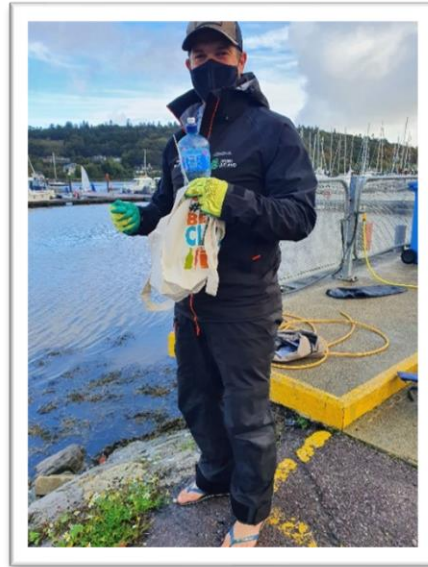
NB: Arrival date for the event is Wednesday 27th October @ 1200 unless prior arrangements with the club are made.

Extract from the event web page

Environmental Stewardship

14. Host a Beach or Marina Cleanup

- Linked up with the An Taisce Clean Coast and their #2minutebeachclean programme.
 - i. Every sailor, volunteer, employee was given a beach clean up kit and invited to do a beach clean in their home port on their return home after the event.
 - Prizes include wetsuit repair kits, cotton tshirts, hoodies and towels.
 - ii. Our head performance coach gave a quick clean up around the shore side before heading out on the water to set an example to the youth sailors.



Head Squad Coach setting an example collecting the very few bits of rubbish we could find



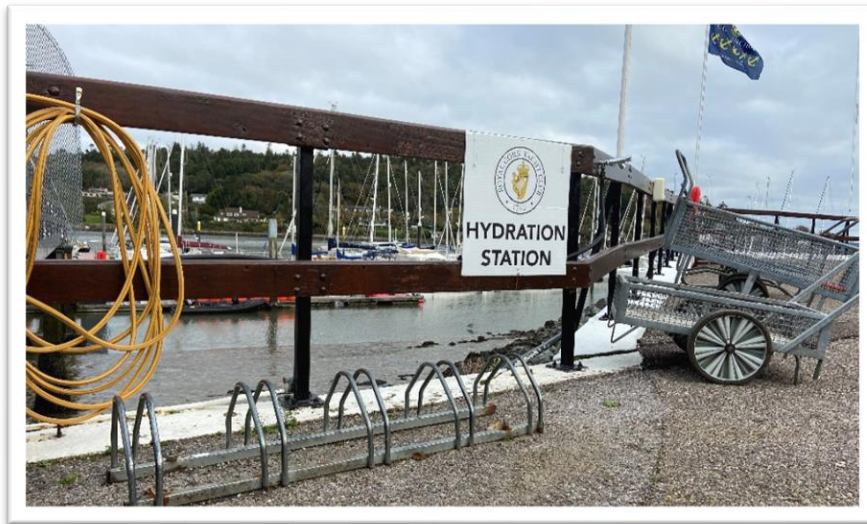
Invitation displayed with cloth bags for all club members to join the #2minutebeachclean campaign

15. Promote Alternative transportation

- Bus, shoreside walking and cycling path, club bike rack and electronic car hook up available.



Electric car charging and parking



Bike rack (next to hydration station)



Convenient Bus Stop



Coastal Walkway

16. Increase Awareness of Wildlife and Habitat Protection

- Designed a Habitat Awareness poster to create an awareness of the different habitats on our coastline.
- Endorsed by Olympic Silver Medalist, Annalisse Murphy, and Round World Sailor, Damian Foxall.



Habitat Awareness A2 Poster

17. Offer Vegetarian or Vegan Alternatives

- Vegetarian option was made available on each night's menu
- All meals were prebooked to avoid food waste.

Irish Sailing Youth Nationals 2021 Thursday 28th October Sailing Supper

Irish Sailing Youth Nationals 2021 Thursday 28th October Sailing Supper

Name

First Last

Email

Chilli Con Carne
Price: 13,95 € Quantity:

Indian Chicken Curry
Price: 13,95 € Quantity:

Vegetarian Option
Price: 13,95 € Quantity:

Online booking for meals

Green Boating

18. Use Eco-Smart Race Management Techniques

- Whats App groups created to provide consistent communication of results etc to participants
- No paper Sailing Instructions
- Whats App for all comms
- No sponsor bow stickers
- Viewing platform awareness
- Media boat active on the water time kept to minimum required
- Committee boat anchored, engine off, use of holding tank
- Using racingrulesofsailing.org for all protest hearing information, submissions, and reports
- Facilitate a lunch rib, reduces waste on the water
- Retirees sent to mothership and brought in groups rather than individually
- Online briefings to reduce sound pollution with speaker systems

19. Prevent Toxins from Entering the Water

- Royal Cork Yacht Club has an Oil Spill Team and Procedure

Oil Spill Procedure

Contact a senior trained staff member immediately.

Spill Managers:

Gavin Deane (General Manager) – 0872899190

Mark Ring (Marina & Racing Manager) – 0872835266

Dave Coveney (Marina & Facilities Supervisor) – 0879850509

The Spill Manager is the official responsible for monitoring or managing responses to oil spills. Once notified of an oil spill, the Spill Manager also will conduct an immediate assessment to evaluate several factors, including the size and nature of the spill, the type of oil spilled, its potential hazards, and the resources needed to contain and clean it up.

The Spill Manager also will monitor any existing response efforts to determine whether additional technical support is necessary. (Coast Guard, Fire Brigade other local authority)

- Immediately contain the spill
- Identify the source of the spill
- If in the water use oil absorbent booms
- Treat the oil to make it safe if possible.
- Start cleaning up the spill with the oil spill kit
- Wash down after cleaning affected areas with large volumes of water.
- Assess the reason for the spill (could it have been prevented check CCTV).

Published Spill Management Policy



Spill Management Actions

20. Encourage Green Boating Practices

- All participants were reminded of the Environmental standards of the event and Rule 47 active

PLUS

- ✓ Royal Cork Yacht Club is a **Blue Flag Marina** and has a full Environmental Policy. The Royal Cork Yacht Club is committed to minimising the impact of its activities on the environment.
- ✓ The local area around RCYC has a number of **biodiversity** aware green spaces.
- ✓ Royal Cork Yacht Club Evergreen Sustainability Actions are on display and implemented at all times.



Blue Flag Marina



Biodiversity Area



SUSTAINABILITY ACTIONS



1

OPERATIONS & EVENTS

Sustainability Committee in place

Sailors for the Sea Clean Regattas programme employed for events

MaREI Research Centre for Energy, Climate and Marine as Sustainability Partner

EDUCATION & OUTREACH

Marine conservation talks

Signage about local ecosystems and marine litter

Information on sustainability steps and calls to action

2



3

WATER

Water refill stations on site

Reusable water bottles on sale

Water conservation measures in place on site

WASTE

Deposit / return scheme on reusable coffee cups

Compostable single-use plastic e.g straws etc. on request

Waste segregation on site with clearly labelled bins

4

