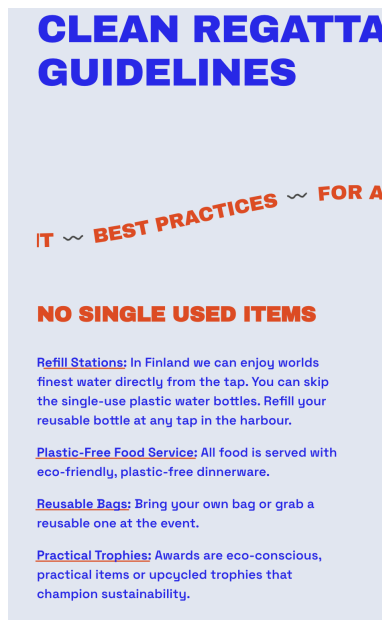


Garmin ORC Doublehanded Europeans 5.-12.7.2025 Helsinki/Finland

Eliminate Single-Use Water Bottles & Provide Refill Stations

Refill stations available and marked at HSK Harbour single-use bottles discouraged in pre-event communication.



Eliminate Plastic Straws

Official bars and catering services were instructed not to provide plastic straws. No drinks with straws included in the complimentary events.

Serve Food with Plastic-Free Dinnerware

Blue Peter and Solmu Brewery serving food from regular dinnerware. No single use items used during the event to serve food.



Skip Bags or Use Reusable

Participants receive reusable event bags, dry-bags by Garmin.



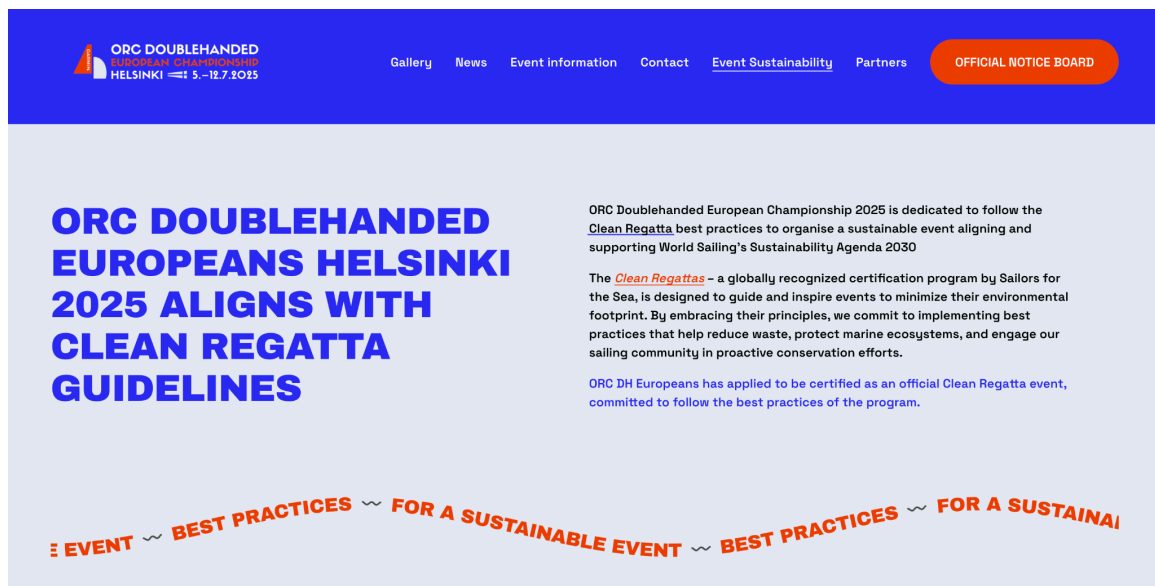
Award Practical Items or Perpetual/Upcycled Trophies

Smartwatches (Garmin Quatix) awarded the title champions, as well as design items by Finnish brands that can be used daily. Clothing from sustainable partners Dynamic Nord and Superyellow.



Publicize Sustainability Efforts

“Event Sustainability” section on the official site, regular comms highlight green initiatives.



Involve Local Organizations

Collaboration with “Keep the Archipelago Tidy Association” for beach cleaning and coastal care. Offshore Racing Organisation being a non-profit organization itself also.

Post Educational and Reusable Signage

Reusable signage indicating sustainability practices, waste stations, and water refill points around the venue. The event t-shirts provided a message to keep our oceans alive. Fabric signage to be repurposed to canvas bags for ranking series prizegiving. To create the regatta setup in the harbor sponsors materials with usage in multiple events were used.



Serve Local Food or Source Seafood Sustainably

Local food and beverages featured at hospitality stops such as Solmu Brewery and Blue Peter.



Organize a Green Team

The Green Team was led by the Event Chair and the crew of volunteers supported initiatives like plogging and waste management, as well as recycling and sorting waste not properly disposed by the participants.



Ensure Proper Waste Bin Placement and Signage

Clearly marked, segregated bins for recycling and waste were positioned at key areas around HSK. Recycling instructions were sent out and published on the event webpage. The Race Office and the Green team helped with recycling and sorting waste if not sorted properly. Finland has a bottle and can deposit system, all cans and bottles from complimentary events were recycled accordingly.

RECYCLING IN FINLAND: A QUICK OVERVIEW

Finland boasts a robust recycling system. Proper waste sorting is crucial for environmental conservation. Here's how you can contribute:

Biowaste (Brown Bin)

- **What to dispose:** Food scraps, peels, coffee grounds, and other organic materials.
- **Note:** Use biodegradable bags for collection.

Paper (Blue Bin)

- **What to dispose:** Newspapers, magazines, office paper.
- **Note:** Ensure items are clean and dry.

Cardboard (Yellow Bin)

- **What to dispose:** Cereal boxes, packaging cartons.
- **Note:** Flatten boxes to save space.

Glass (Green Bin)

- **What to dispose:** Glass bottles and jars.
- **Note:** Rinse and remove caps or lids.

Metal (Grey Bin)

- **What to dispose:** Tin cans, aluminum foil, small metal items.
- **Note:** Rinse to remove food residues.

Plastic (Orange Bin)

- **What to dispose:** Plastic bottles, containers, packaging.
- **Note:** Rinse and avoid mixing different types of plastics.

Mixed Waste (Black or Grey Bin)

- **What to dispose:** Non-recyclable items like ceramics, diapers.
- **Note:** Use this bin as a last resort.

BOTTLE AND CAN DEPOSIT SYSTEM

Finland operates a deposit-refund system for beverage containers:

- **Eligible items:** Plastic bottles, glass bottles, aluminum cans.
- **How it works:** Return empty containers to reverse vending machines located in most grocery stores to receive a refund.
- **Deposit values:** €0.10-€0.40

This system achieves a recycling rate of over 90%, significantly reducing litter and conserving resources.

WASTE MANAGEMENT AT HSK HARBOUR

HSK Harbour is equipped with clearly labeled recycling stations. Please adhere to the following:

- **Sort waste correctly:** Use designated bins for each waste type.
- **Hazardous waste:** Do not dispose of batteries, electronics, or chemicals in regular bins. Consult event staff for proper disposal methods.

GREEN REGATTA GUIDE: GARMIN ORC DH EUROPEANS AT HSK HARBOUR

Welcome to the DH Europeans at HSK Harbour!

As we embrace the spirit of sailing, let's also commit to preserving the beautiful Finnish environment. This guide provides essential information on sustainable practices and recycling protocols to ensure our event leaves a positive impact.

Sustainable Practices to collectively minimize our environmental footprint:

Reusable items: Bring and use reusable water bottles, utensils, and bags.

Wash with care: Use fresh water carefully and wash your dishes in HSK premises to avoid grey water entering the Baltic Sea.

Transportation: Opt for public transport, cycling, or carpooling to and from the venue.

Local products: Support local vendors and choose sustainable products.

A QUICK OVERVIEW TO RECYCLING IN FINLAND

Finland boasts a robust recycling system.
Here's how you can contribute:

BIOWASTE (Brown Bin)

What to dispose: Food scraps, peels, coffee grounds, and other organic materials.
Note: Use biodegradable bags for collection.

PAPER (Blue Bin)

What to dispose: Newspapers, magazines, office paper.
Note: Ensure items are clean and dry.

CARDBOARD (Yellow Bin)

What to dispose: Cereal boxes, packaging cartons.
Note: Flatten boxes to save space.

GLASS (Green Bin)

What to dispose: Glass bottles and jars.
Note: Rinse and remove caps or lids.

METAL (Grey Bin)

What to dispose: Tin cans, aluminum foil, small metal items.
Note: Rinse to remove food residues.

PLASTIC (Orange Bin)

What to dispose: Plastic bottles, containers, packaging.
Note: Rinse and avoid mixing different types of plastics.

MIXED WASTE (Black or Grey Bin)

What to dispose: Non-recyclable items like ceramics, diapers.
Note: Use this bin as a last resort.

For detailed sorting instructions, visit [Rinkiin.fi](https://rinkiin.fi) and [HSY Waste Guide](#).

Bottle and can deposit system

Finland operates a deposit-refund system for beverage containers. This system achieves a recycling rate of over 90%, significantly reducing litter and conserving resources.

Eligible items: Plastic and glass bottles, aluminum cans.

How it works: Return empty containers to reverse vending machines located in most grocery stores to receive a refund. Deposit values: €0.10–€0.40

Waste management at HSK harbour

HSK Harbour is equipped with clearly labeled recycling stations. Please adhere to the following:

Sort waste correctly: Use designated bins for each waste type.

Hazardous waste: Do not dispose of batteries, electronics, or chemicals in regular bins. Consult event staff for proper disposal methods.

GARMIN®

ORC DOUBLEHANDED EUROPEANS
HELSINKI/FINLAND 5.–12.7.2025



Divert Food Waste from the Landfill

Composting options provided for food scraps via collaboration with local vendors and harbour waste providers.

Use Paperless Event Management

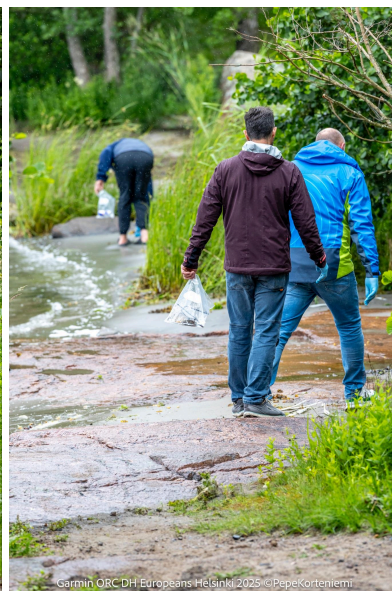
Registration, briefings, and race communications handled digitally via the official notice board at Manage2Sail and the official website. Supporting communication through the sailors Whatsapp group.



Paperless event management at the race office.

Host a Clean Beach Event

An event to clean the closeby shoreline was arranged in collaboration with Keep the Archipelago Tidy Association. During the event we collected trash and discussed the issues disturbing the health of the Baltic Sea.



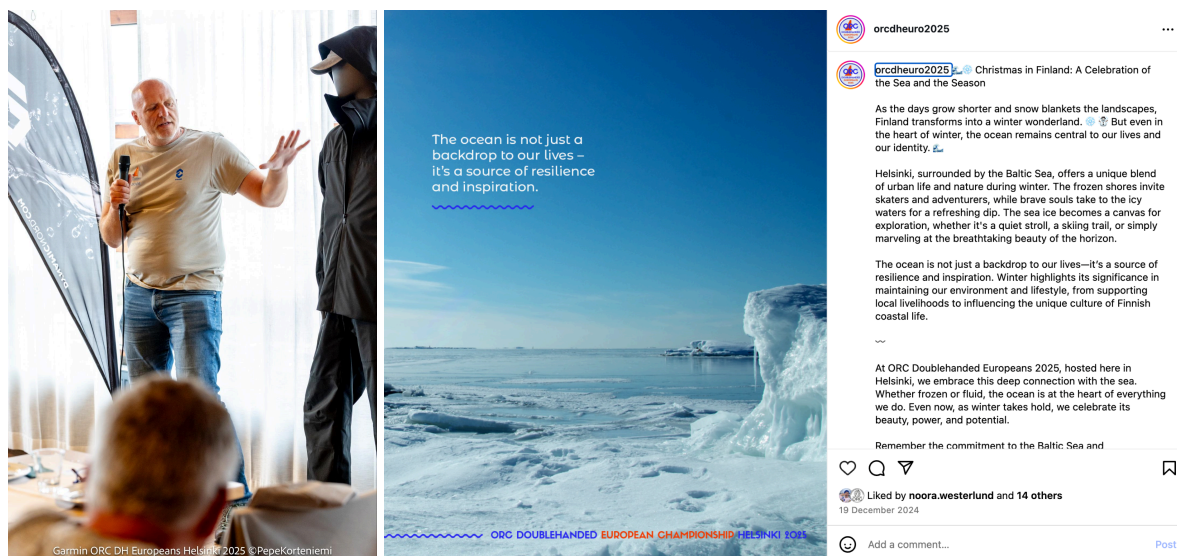
Prevent Toxins from Entering Water

Strict policies in place for engine operation and product handling to prevent pollution. The release of sewage into waterways has been prohibited by law in Finland since 2005.

All boats equipped with a marine toilet must also be equipped with a pumpout system. The waste is deposited and stored in a septic tank aboard the boat and is emptied at the race harbour by using a septic pump. This ensures that the sewage is processed at a water purification plant instead of being dumped and causing the eutrophication of our natural environment and waterways.

Increase Awareness of Wildlife and Habitat Protection

Sustainability presentation by event partner Dynamic Nord highlighting the microplastic problem presented by the high performance gear used for offshore sailing. During the shoreline cleanup event ecosystem health, biodiversity and the special characteristics and the challenges of the Baltic Sea were discussed with participants. These issues were also highlighted on the event's social media.



Offer Vegetarian or Vegan Alternatives

Plant-based menu options available at catering venues throughout the event. Volunteers daily meals serving a vegetarian or a local sustainably sourced fish dish. Only vegetarian options available/served for the volunteers during the events.

FOOD & DRINK

Restaurant Blue Peter in the Race harbour and Solmu Brewery within a five minutes walk from the harbour have daily offers for the participants.

The closest grocery stores in Lauttasaari are:

- K-Supermarket Vattuniemi:
[Kivaidankatu 2, 00210 Helsinki](#)
- Lidl Lauttasaari:
[Heikkiläntie 4, 00210 Helsinki](#)
- S-Market Itälahdenkatu:
[Itälahdenkatu 27, 00210 Helsinki](#)

BLUE PETER

CAMPAIGN (July 4–13)

Burger + Brooklyn Playa Lime Lager
€26.50 (regular price €31)

Choose from 3 different burgers: vegetarian, chicken, or beef. The drink can be swapped for a Karhu beer on tap or a long drink.

Burger + soft drink €21 (regular price €25.70)

SOLMU BREWERY

FOR SAILORS (July 4–13)

Burger and Solmu Brewery beer of your choice (0,4L) €26

Farmers salad with chicken or halloumi and Solmu Brewery beer of your choice (0,4L) €26

Promote Alternative Transportation

Venue located with excellent public transport links; cycling and walking encouraged for participants and spectators. Helsinki City bikes and bikes were organized for the organisers as well as joint rides from the hotel to the race harbour. The train connection from Helsinki Airport was promoted as the best and most convenient way for transportations.

Reduce Day-of Emissions

All volunteers were accommodated in the city center and for the day off walking routes, city bikes and scooters were promoted as a transportation method. For the official evening program a joint transportation was organized (with a sailboat and small motorboats).



Inspire Future Action

The Clean Regattas certification will provide ORC an example of how to host sustainable events in the future. After last years Europeans we submitted a submission to the AGM that passed and now requires every event organiser to report sustainability initiatives when applying for an ORC title event. The submission about including sustainability reporting to the protocol did not pass. This years event by the same OA is here applying for the certification and setting an example of how to certify the sustainability efforts. A new submission will be made accordingly for the ORC AGM 2025 (November).

Anything else

All participants were encouraged to enroll for free-time activities to avoid food-waste. Regatta t-shirts were also available for preorder to provide appropriate sizing and avoid making too many.