J70 Corinthian Worlds Eastern YC, September 2025

Clean Regattas Report-out

Summary of Clean Regattas efforts

- Eastern Yacht Club (EYC) has already adopted many best practices consistent with Clean Regattas guidelines; for this event we were able to leverage those best practices; influence additional best practices to be implemented at the club; and take other steps specific to the regatta.
- A Welcome packet was created to be sent to all participants. While it primarily
 focused on other logistics for the event, it was an opportunity to highlight
 some of our sustainability efforts and engage with local organizations.
- At the end social event on the last evening of the regatta, a short quiz was available which included J70 and event trivia but also incorporated some fun facts about local habitats and Green Boating, drawing from posters we displayed during the week.

Our results

/	1	Eliminate single use water bottles and provide water refill stations
	2	Eliminate plastic straws
	3	Serve food with plastic-free dinnerware
	4	Skip bags or go reusable
/	5	Award practical items or use a perpetual or up-cycled trophy
/	6	Publicize your sustainability efforts
/	7	Involve local organizations
/	8	Post educational and reusable signage
/	9	Serve local food or source seafood sustainably
/	10	Organize a Green Team

/	11	Ensure proper waste bin placement and signage
	12	Divert food waste from the landfill
	13	Use paperless event management
	14	Host a beach clean-up
/	15	Prevent toxins from entering the water
/	16	Increase awareness of wildlife and habitat protection
/	17	Offer vegetarian or vegan food options
/	18	Promote alternative transportation
/	19	Reduce day-of-event emissions
/	20	Inspire future action

1. Eliminate Single-use water bottles and provide water refill stations

- A welcome packet was sent to all participants instructing them that this is a clean regatta and requesting them to bring water bottles.
- Water refill stations are already in place around the club. An additional station was provided near the launch dock.
- Furthermore, EYC has eliminated single-use water bottles on the Race Committee boat; all RC members now bring their own water bottles





Platinum Level Clean Regatta

Eastern Yacht Club is committed to environmental stewardship and we are proud to run this event as a Platinum Level Clean Regatta under guidelines from Sailors for the Sea.

Our commitments:

- Reduce single-use plastics
 - You can help us meet our goals by bringing reusable water bottles for you and your crew
 - Water refill stations will be available on site
- · Encourage recycling
 - Please use the recycling containers when possible
 - Our staff will be actively ensuring trash from our social events are sorted and appropriately recycled.
- · Use cleaner options on the the beach and water
 - The race committee will be using MarkBots instead of diesel-powered chase boats
 - A beach clean-up will be held at the beginning of the event.
- · Toxin Reduction in the boatvard and launch areas
 - Boat Zoap™, an environmentally-friendly boat soap will be provided for washdowns to prevent toxins from entering the water, improving the quality of life for our local marine habitat



2. Eliminate Plastic Straws

- EYC eliminated plastic straws some years ago. However due to member demand they have recently been reinstated.
- Therefore for this event, straws were not provided in the Sailing Center (main event venue)
- No photo available.

3. Serve food on plastic-free dinnerware

- Meals served in the formal dining room are served with china dinnerware and glass drinkware.
- Drinks in the sailing center, where most J70s events were held, are served either in glassware or in reusable plastic cups. These cups are either collected by the staff, washed and reused, or in many cases become practical souvenirs.
- Meals in the sailing center were served on bamboo dinnerware.



4. Skip bags or go re-useable

- "Swag Bags" were not provided at this event.
- Some small gift items were provided by sponsors. These were displayed at the registration table for competitors to help themselves as desired.



5. Award practical items, or use a perpetual or up-cycled trophy

- We awarded glassware as trophies.
 These are useable items such as drink ware or vases
- In addition, some perpetual trophies are awarded



6. Publicize your sustainability efforts

- Social media was used to promote the event. We included a post about sustainability.
- Additionally, we promoted our sustainability efforts in the EYC Sailing Newsletter



J/70 Corinthian Worlds is a Clean Regatta!

Under guidelines from Sailors for the Sea, the J/70 Corinthian Worlds is aiming to be a Platinum Level Clean Regatta. We'll be focusing on protecting our wonderful harbor, increasing awareness of marine habitats, and encouraging environmental stewardship.

During the week of September 22 - 28, you can expect to see signs around the club about Green Boating best practices, local sea creatures, and reduction of single-use plastics. We will also be holding a Beach Clean-up on Saturday, September 20, at 5pm.

How you can get involved:

Look for our signs in the Sailing Center.

Join the beach clean-up - meet by the flagpole.

Take our Clean Regattas quiz during social events on Saturday, September 27.

Set an example by using recycling bins around the club to properly dispose of waste items.

Join the race to restore ocean health!

EYC Beach Clean Up - We Need Your Help!

Who: Great club wide family activity!

When: Saturday, September 20, 5 pm

Where: Meet at the Flagpole

What: Please bring a 5 gallon bucket, or similar durable container and help us pick up any washed up trash prior to the J/70's regatta. We suggest you might wear waterproof gloves.



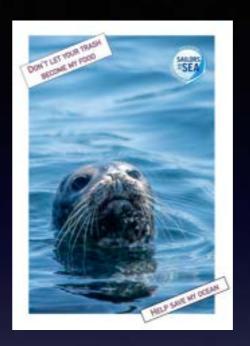
7. Involve local organizations

- The Welcome Packet provided to participants included a list of local food vendors for breakfasts and lunches.
- Additionally, the bar serves a variety of beers from local breweries



8. Post educational and reusable signage

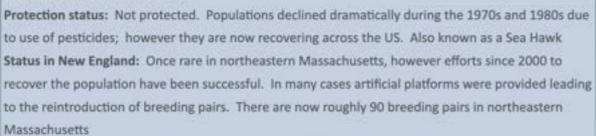
- We reused signage created for the Star Worlds in 2022.
- Additionally, we created posters describing local wildlife and habitats, and promoting Green Boating best practices. These were displayed in the Sailing Center and can be used again.





MEET SOME OF THE LOCALS: OSPREY

Latin Name: Pandion haliaetus Size: Length 24", wingspan 72"



Habitat: Nests in any location near a body of water that provides an adequate food supply.

About: Found as far north as Newfoundland in summer and Argentina in the northern winter. Like owls, osprey have reversible outer toes, allowing them to grasp fish better. Prey is first sighted when the osprey is 30 - 130 feet above the water; it then dives sharply and plunges feet first into the water.



View the Osprey Cam at Essex County Greenbelt Association







9. Serve local food or source seafood sustainably

- While not usually highlighted on club menus, our chef uses many local food sources, including:
- Insert photo of local food source Jared to provide

- Little Leaf Farms
- Maitland Mountain Farms
- Great Hill Farm
- Patriot Seafoods
- Duxbury Oysters
- · First Light Farm
- Iron Ox Farm
- Wild Rooted
- Ipswich Clams

10. Organize a Green Team

- We organized a green team, who primarily assisted with event-time activities, including:
 - Ensuring availability of water refills
 - Ensuring visibility of educational posters
 - Ensuring availability of recycling and waste containers
- The Green Team also helped prepare materials, identified local vendors to participate, and held a beach clean-up



11. Ensure proper waste bin placement and signage

- EYC has a trash-shed near the launch pier which members can use to dispose of trash and recycling. Signage was updated to encourage proper separation of trash.
- Additionally, waste recepticals were purchased for use in the sailing center for specific events.





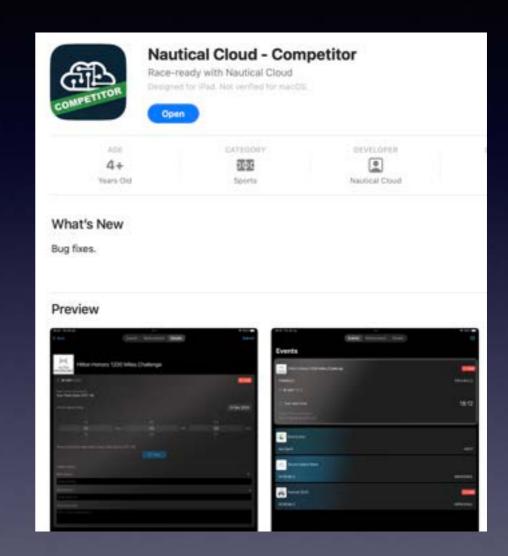
12. Divert food waste from landfill

- EYC's approach is to minimize food waste in the first place rather than to rely on composting.
- Quantities of food purchased are planned carefully. Any left-over proteins and vegetables are used for staff meals.



13. Use paperless event management

- Communications to participants were almost entirely electronic.
- Participants were encouraged to download the Nautical Cloud app which allows electronic communications and filing of protests etc.
- Necessary paper race committee communications are posted on the walls of the Race Committee room in the Sailing Center



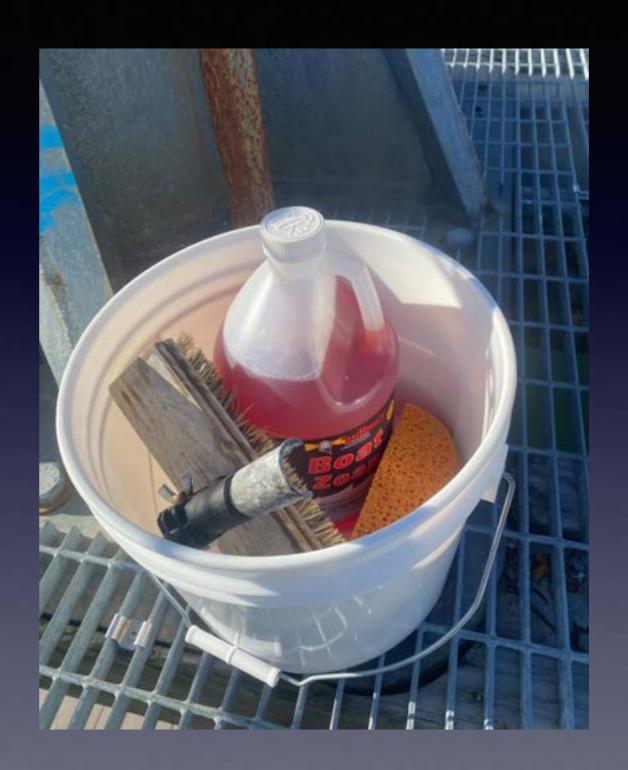
14. Host a beach clean-up

- A beach clean-up of the area below Eastern YC was held the prior weekend.
- This event was highlighted in our club newsletter, The Mainsheet, to draw members attention to our sustainability efforts



15. Prevent toxins from entering the water

- This event was a no-haul-out regatta, meaning that participants weren't able to haul their boats to clean them during the regatta.
- At haul-out time, boats were not allowed to wash-down on the crane hoist but instead were asked to wash down in our dry sail area.
- Buckets and appropriate cleaning products (Boat Zoap) were provided to avoid harsher products entering the water.



16. Increase awareness of wildlife and habitat protection

- We created posters highlighting some local wildlife and their habitats:
 - Northern Right Whales
 - Lobster
 - Harbor Seals
 - Great White Sharks
 - Ospreys
- Each poster included "Fun Facts" and links to more information - for example the Sharktivity App.
- Information in these posters was then referenced in a fun quiz held during social events on the last night of the event.



8. How big do adult Great White Sharks typically grow	
O Up to 30 feet	
O Up to 25 feet	
○ 16-18 feet	
○ 12-13 feet	

17. Offer vegan or vegetarian food options

- EYC always includes vegan and/or vegetarian food options in meals it serves.
- Sample menu

Social \$20/Person

Cheddar Cheese and Beer Dip Station

Soft Pretzel Bites, Grilled Mini All Beef Hot Dogs, Crispy Chicken Nugget, Broccolini,

Spicy Potato Chips

Fusion Dumpling Station

Buffalo Chicken Spring Rolls with Blue Cheese Dip

"Philly" Cheesesteak Spring Rolls with Mustard

Crispy Fried Vegetable Dumpling with Sweet Thai Chili

International Cheese Display

Fresh and Dried Fruit, Almond, Olives, Carr's Crackers, French Bread

18. Promote alternative transportation

 Participants were encouraged to use EYC launches and/or a local launch service as an alternative to driving to the yacht club

> The EYC launch cannot take you to the town landing. A public launch service is available to take you to and from the town dock (next to the Landing restaurant in town) - or the other clubs. Call Jordan's launch service at 781-631-5992 VHF Channel 71 www.jordanslaunch.com

19. Reduce day-of-event emissions

controlled "Mark Bots" which it uses for race marks. This reduces the need for chase boats to be idling near marks or moving marks, although it has not eliminated the need for chase boats yet. As the technology improves and we gain more experience with it, we hope to achieve further efficiencies.



20. Inspire future action

In addition to the posters we created around marine creatures and their habitats, we created posters highlighting Green Boating best practices. These were also displayed in the Sailing Center and referenced in our closing event game.

BE A GREEN BOATER! REDUCE PLASTIC POLLUTION

Plastics pose an increasing threat to aquatic environments as they don't degrade. As boaters, there are many ways we can keep our waterways clean Don't let trash go overboard. Minimize packaging you take on board. Take trash ashore to dispose of it appropriately



Don't buy water or other drinks in single-use bottles. Bring reusable bottles with you. Pro-tip: Marblehead and the Boston area have some of the best water in the US!

Skip the Balloons!

Balloons released into the air or just coming loose often end up in our oceans and waterways where they can cause significant harm to wildlife.

Look for alternatives such as cloth or paper decorations



Visit Sailors for the Sea for more information and suggestions



J70 Corinthian Worlds Quiz:
Test your knowledge of J70's, the 2025 Corinthian Worlds, and Clean Regattas
Scan Here to start
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11. Which of these is not an environmentally sound party decoration?
O Paper lanterns
O Fresh flowers
O Painted posters
O Helium Balloons
O Fabric banners