Sailors for the Sea Clean Regatta Platinum Level Sustainability Report



Marblehead Junior Race Week 07/21/2025
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Green Team Members include: Jean Skaane, Molly Lane, Emily Gabriel

1. Eliminate single-use water bottles + provide water refill stations





We provided two shaded water cooler stations which were easily accessible by all sailors. The multiple coolers were refilled throughout each day of the regatta. In addition, there are four drinking water faucets close to the launch area.

2. Eliminate Plastic Straws:



No straws (or drink containers of any sort) were provided by MJRW.

The reduction of plastic waste — from drinking straws to water bottles to food cutlery — was a central tenet of our sustainability messaging, both before and during the regatta. Notifications emailed out to sailors and their families included a reminder on this and during the regatta, we had numerous signs reminding those participating of this obligation.

3. Serve Food with Plastic-Free Dinnerware:



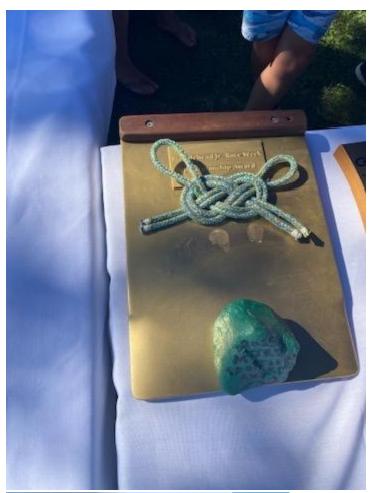
We chose a menu that did not require cutlery and because we were unable to compost this year, we chose food that required minimal packaging. If serving or packaging material was used (i.e. bagels in a brown bag; tacos in a bowl), it was recyclable.

4. Skip Bags or Go Reusable

As in the past 4-5 years, we chose to go without any bags at registration.

5. Award Practical Items or Use a Perpetual or Upcycled Trophy:

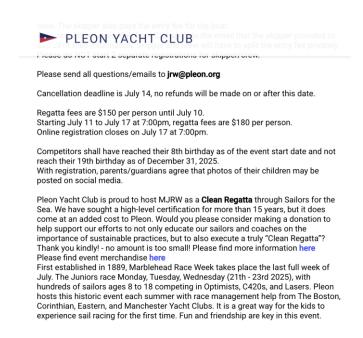
As per previous years' we worked with a vendor who used either recycled or FSC certified-wood materials to make trophies. We also reused trophies from last year that were unused, changing 2024 to 2025.







6. Publicize Your Sustainability Efforts:



9.2.4 WHEN ON THE WATER, ALL SUPPORT PERSONS MUST HAVE INSTALLED AND USE AT ALL TIMES AN ENGINE CUT-OFF SWITCH (ECOS). IF THEIR BOAT IS LESS THAT 26 FEET IN LENGTH. IF THE BOAT'S PRIMARY HELM IS INSIDE AN ENCLOSED CABIN THIS RULE SHALL NOT APPLY.

10. TRASH DISPOSAL

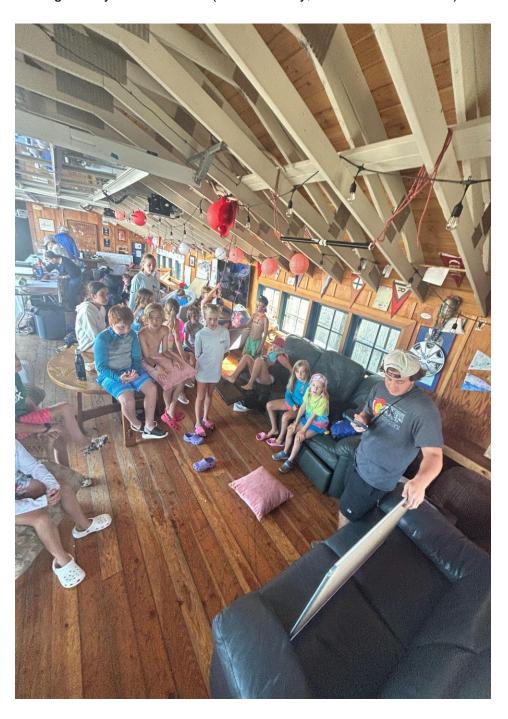
10.1 [DP] This event is designated as a CLEAN REGATTA by the Sailors for the Sea Organization. By entering, all competitors shall abide by <u>CLEAN REGATTA "Best Practices</u>. Please refrain from brining single use water bottles.



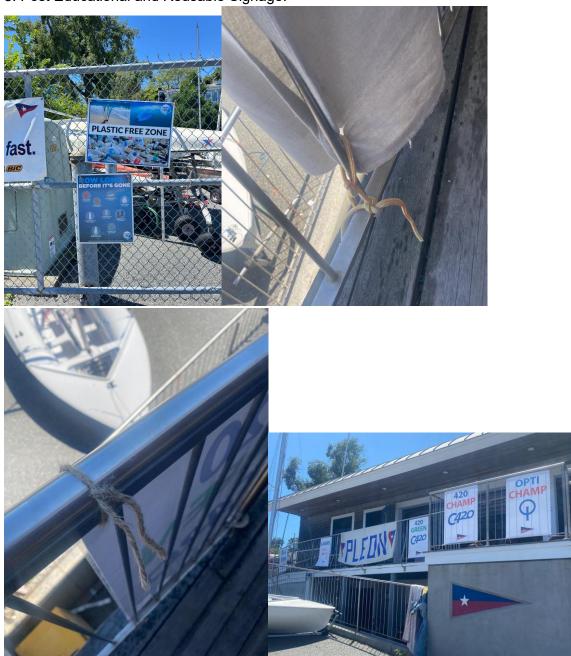
We advised sailors and their families in the Notice of Race as well as the Pleon website that this was a Clean Regatta with links to Sailors of the Sea. Separate to that, we also have our own Sustainability page on the Pleon homepage (https://pleon.org/sustainability-1649853630761)

7. Involve Local Organizations:

Sustainable Marblehead's summer intern came on Tuesday afternoon (2nd day of racing) to educate the sailors about sustainability (through a fun game), including, but not limited to, the subject of increasing the awareness of wildlife and habitat protection. Jean Skaane, a local volunteer with Sustainable Marblehead, also spoke with Pleon sailors prior to MJRW, as well as the Green Team at our kick-off Beach CleanUp 7.20.25 re: the importance of keeping trash from making its way into the ocean (and ultimately, into marine creatures).



8. Post Educational and Reusable Signage:



We utilized the same reusable signage from our previous regattas for everything from check in to sustainability related signage. At the end of the 2025 regatta, this was all stored for 2026 use. All signs are tied down using reusable rope.

9. Serve Local Food or Source Seafood Sustainably:

We provided cucumbers from Iron Ox Farm in Hamilton, MA. The farm has provided MJRW with vegetables for 3 years now.



10. Organize a Green Team:



We had a committed Green Team of 19 young sailors. Prior to the Regatta, they took part in the beach clean-up and during the regatta itself, they were very pro-active in sweeping the site throughout the day to pick up any misplaced garbage or food waste. The Green Team took part in the exercises organized by the local environmental organizations who presented during the Regatta.

- 11. Ensure Proper Waste Bin Placement and Signage &
- 12. Divert Food Waste from the Landfill:





We placed 4 waste stations around the site: 2 on the slipway leading down to the water and 2 in the setup and rigging area. Each waste station consisted of at least two bins: one for recycling and another for landfill waste. The Green Team was responsible for checking the bins throughout each day to ensure the recycling was not contaminated, and no recycling was put in the landfill bin.

13. Use Paperless Event Management:

DOCUMENTS		UPLOADED
Welcome to MJRW 2025	VIEW DOCUMENT	Jul 16 2025, 11:18 AM
Safety Boat and Coach Boat Guidelines MJRW 2025	VIEW DOCUMENT	Jul 16 2025, 11:17 AM
ECOS Waiver MJRW 2025	VIEW DOCUMENT	Jul 16 2025, 11:16 AM
Course Descriptions MJRW 2025	VIEW DOCUMENT	Jul 16 2025, 11:15 AM
Racing Areas MJRW 2025	VIEW DOCUMENT	Jul 16 2025, 11:14 AM
SIs MJRW 2025	VIEW DOCUMENT	Jul 16 2025, 11:14 AM
NoR MJRW 2025	VIEW DOCUMENT	Apr 5 2025, 8:51 AM

► PLEON YACHT CLUB A Regatta Share Marblehead Junior Race Week 2025



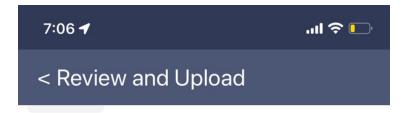
As in previous years, ClubSpot was used to promote the race and post information and notifications. Email circulars were also sent out by race organizers

14. Host a Beach or Marina Clean-up:

As with previous years before the Regatta, the Pleon Green Team conducted a beach clean-up of the beach area in front of the Eastern Yacht Club. This year, we used the NOAA Marine Debris Monitoring and Assessment Project (MDMAP) process to identify and record our findings. The Green Team separated the marine debris they recovered into the categories specified in the MDMAP (plastic, metal, glass, rubber, processed wood, fabric and other). They collected 147 pieces of trash.









Plastic 106 items - 72%

Metal 1 item - 1%

Glass 11 items - 7%

Paper & Lumber 15 items - 10%

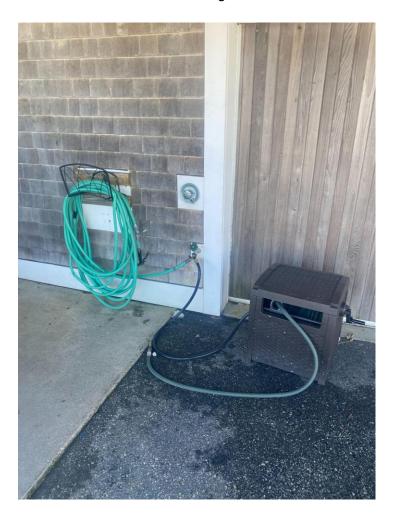
Fishing Gear 10 items - 7%

Other Items 4 items - 3%

Upload Session

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15. Prevent toxins from entering the water



The wash downs were done with fresh water only.

16. Increase Awareness of Wildlife and Habitat Protection

As mentioned in #7, Sustainable Marblehead's summer intern came on Tuesday afternoon (2nd day of racing) to educate the sailors about sustainability (through a fun game), including, but not limited to, the subject of increasing the awareness of wildlife and habitat protection. Jean Skaane, a local volunteer with Sustainable Marblehead, also spoke with Pleon sailors prior to MJRW, as well as the Green Team at our kick-off Beach CleanUp 7.20.25 re: the importance of keeping trash from making its way into the ocean (and ultimately, into marine creatures).

17. Offer vegetarian or vegan alternatives

We only served food from local vendors: Bagel World in Salem and Vesuvius Pizza, Maria's and Baja Taco Truck, all from Marblehead. Vegetarian and vegan options were offered to the sailors. Fruit, vegetables, and granola bars were also offered.



We ensured that each food vendor offered a vegetarian or vegan option - (see above for taco truck example).

18. Promote alternative transportation

We have several sailors that biked to Pleon; many teams carpooled in vans to and from the regatta each day; and we had 2 coaches from Hingham "boat pooling" with CYC coaches, and were on the CYC boats at the Opti line.



19. Reduce Day-of Emissions

No bow stickers or identifying markers were offered that could end up as marine litter.

Rule 47 Trash Disposal was included in the SI's

Spectator boat areas were designated

The 420 line used Mark Bots which reduced the need for extra boats and fuel moving marks around for three days.

20. Encourage Green Boating practices

We made all sailors aware of Sailors for The Sea and that we were a Clean Regatta. We asked sailors to make a pledge. We also streamlined the number of judge and safety boats. All boats were encouraged to tie up to a buoy and cut engines instead of idling.

Pleon offered regatta swag which was 100% cotton - we did not offer any other items that come with garbage. Pleon also set up a WhatsApp "Pleon Swap Shop" group text for all sailors and their parents as a means of recycling sailing gear.





