

## ELIMINATE SINGLE USE ITEMS

### Eliminate single-use water bottles

In regatta notice and sailing instructions sent to all competitors and posted on the regatta website, racers were asked to bring their own reusable water bottles. Reusable cups were given as awards. StFYC has upgraded all water fountains in the club to be both fountains + bottle filling stations.

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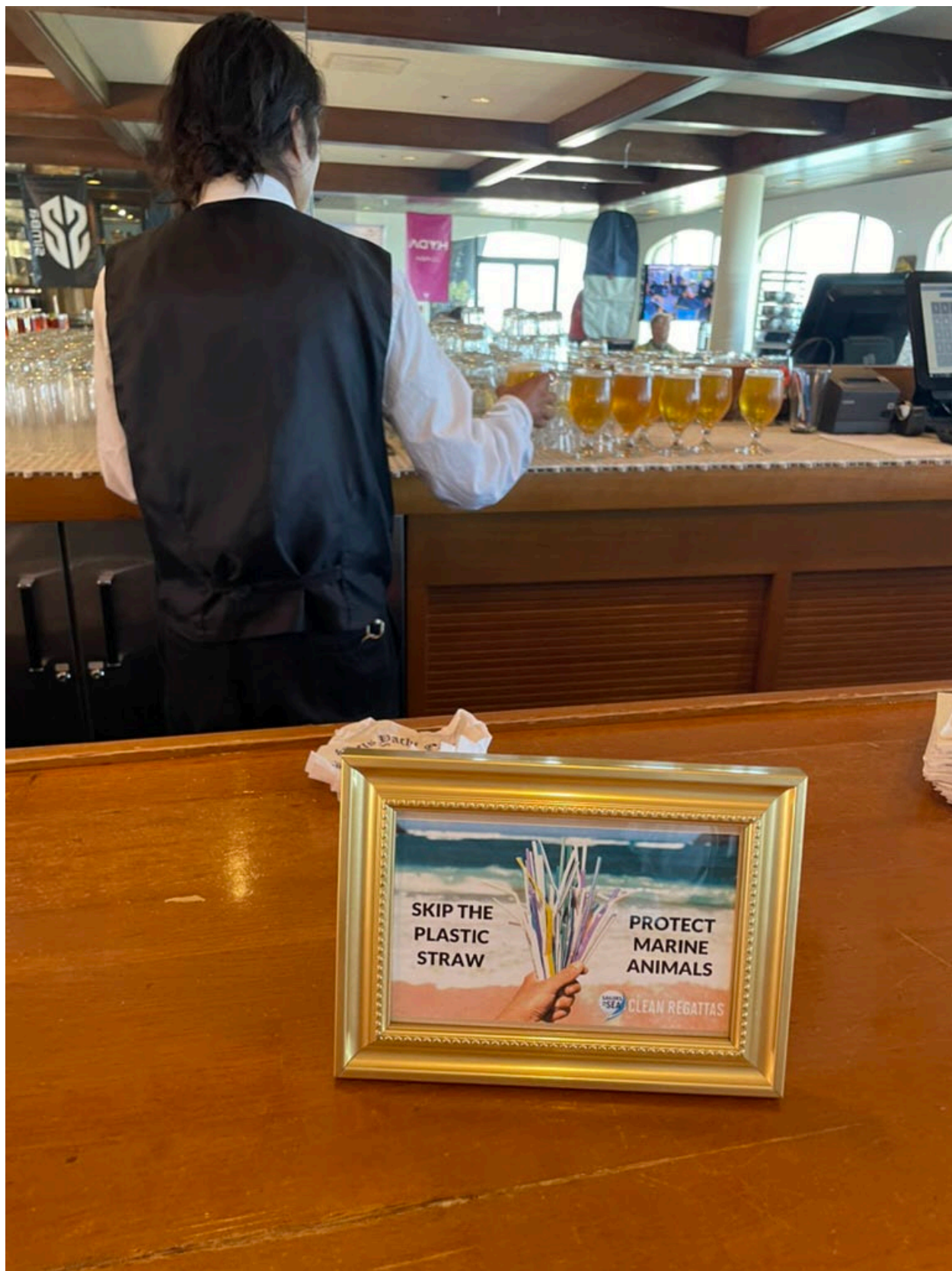




### Eliminate single-use straws

Generally, straws were not offered, but if they were available inside the club, they were compostable. A Sailors for the Sea sign was posted about not using straws.





Serve food with plastic free dinnerware

All clubhouse food and beverages were served in/on/with washable glasses/plates/silverware.







Skip bags or go reusable

The race participant bags were fabric totes. Race Committee members had reusable bags to use for their lunches. Race office put out notice telling sailors to use reusable bags.





Award practical items or use a perpetual or upcycled trophy  
A perpetual trophy and reusable cups were awarded.









## COMMUNITY INVOLVEMENT

### Publicize your sustainability efforts

Race office put in race notice and sailing instructions that regatta is a target platinum level regatta. Sailors for the Sea logos were on the notice as well as the signage at the club.

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ST. FRANCIS YACHT CLUB



# 2024 AUGUST SUMMER WINGDING



## FOLLOW THE ACTION



RESULTS



PHOTOS



INSTAGRAM



FACEBOOK



**CABRINHA**

**F-one**  
**MANERA**



CLEAN REGATTAS

**OZONE**



**Dermatone**

Involve local organizations.

At Crissy Field where the regatta was staged, Baykeeper had a table, materials and staff discussing their work defending the bay. They distributed information about their programs and how to get involved in their nonprofit.





Timeline of Wins for the Bay

## SF Baykeeper: The Bay's Defender Since 1989



San Francisco Baykeeper defends San Francisco Bay and its watershed from the biggest threats. Our expert advocates, scientists, and lawyers hold polluters and government agencies accountable so Bay Area communities and wildlife can thrive.

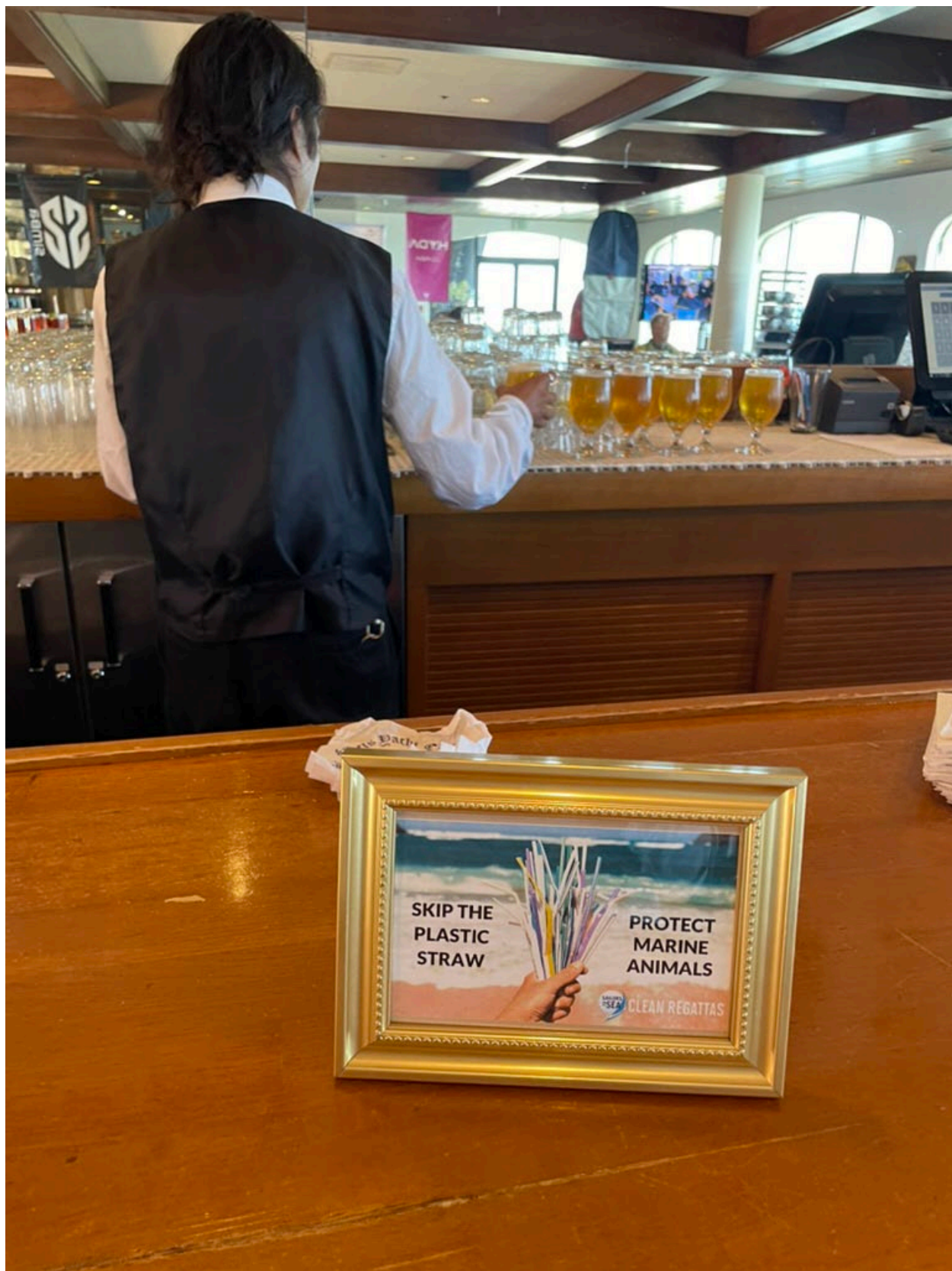


Post reusable educational signage

We posted reusable banners about the regatta and Sailors for the Sea signs about sustainable practices in the dining room.













### Serve local food or source seafood sustainably

We served locally-sourced vegetables, meat, and beverages when available.



### **RESPONSIBLE WASTE MANAGEMENT**

#### Organize a green team

We have a large green team, including regatta committee members, executive race committee members, race office staff and other club staff (events and media/communications teams). We shared responsibilities.

Regatta committee members met regularly to coordinate all of the sustainability efforts and the sustainability chair had responsibility to make sure all requirements were met. ERC met monthly with the sustainability chair who provided monthly reports. At the meetings the committee discussed progress made in organizing the event as well as troubleshooted when needed. Green team members worked at the event to deal with any issues that arose related to signage, waste disposal, eliminating plastics and green boating practices.

Club staff contributed many hours to making the event sustainable before and during the regatta.

Race office staff handled all notices sent to participants about rules for the regatta related to sustainability.

Staff is trained to sort through the bins if they notice items are incorrectly disposed. Staff hung the banners and posted other signage throughout the venue. Staff ordered and set up the reusable plates, cups and utensils. Staff posted information about sustainability efforts on social media.

Regatta committee members and the race office participated in the beach cleanup.



#### Ensure proper waste bin placement and signage

Crissy Field had labeled recycling and trash bins. The club maintained separate recycling, composting and trash bins in the dining room where the event was held. Composting of all food scraps and compostable goods was done by Recology. Recycling of all bottles, cans, plastic, glass, and cardboard was done by Recology.









### Divert food waste from landfill

Club has set up composting services. Staff is trained to sort through the bins if they notice items are incorrectly disposed.



### Use paperless event management

Used online regatta management software for registration and results reporting. Participants received information on the regatta website.

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SUNSCREEN AND SKIN PROTECTION





## 2024 SUMMER WINGDING U.S. WINGFOIL CHAMPIONSHIP

August 9-11, 2024

Organizing Authority (OA): St. Francis Yacht Club  
in association with US Sailing (co-OA)

### NOTICE OF RACE + AMENDMENT 1 + 2

*The notation [NP] in a rule in the NOR means it shall not be grounds for protest by a boat. This changes RRS 60.1(a).  
The notation [DP] in a rule in the NOR or SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.*

#### 1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 World Sailing Development Rule [Appendix WF](#) 'Wingfoiling Racing Rules' and the [WingFoil Open Class Rules](#) apply.
- 1.3 US Sailing Regulations apply including [US Sailing Regulation 10](#). An alleged breach of US Sailing Regulation 10 shall not be grounds for a protest by another boat; this changes rules 60.1(a). However, when a protest committee believes that a competitor may have breached Regulation 10.03, it shall follow the process described in the Championships' Code of Conduct.
- 1.4 [US Sailing Championship Conditions](#) apply.
- 1.5 US Sailing [Championship Code of Conduct](#) applies.
- 1.6 US Sailing Prescriptions 63.1 and 63.2 are deleted.
- 1.7 [Addendum NO-GO ZONE](#) applies.

#### 2 [DP] [NP] SAFETY

- 2.1 Competitors shall wear wetsuits with a minimum thickness of 3/2mm, which cover the knees and have short sleeves as minimum coverage.
- 2.2 A helmet in accordance with Class Rule C.3.1(c) shall be worn at all times when afloat, except briefly while changing or adjusting clothing or personal equipment, or during on-water interviews.
- 2.3 Body protection (Impact vest) which may also act as a personal flotation device in accordance with Class Rule C.3.1(d) shall be worn at all times when afloat, except briefly while changing or adjusting clothing or personal equipment. This is deemed to comply with US Sailing Regulation 10.

#### 3 PROHIBITED SUBSTANCES

- 3.1 US Sailing Regulation 10.03 Prohibited Substances will apply.
- 3.2 For adult US Sailing championship events, no competitor shall use or possess, either on or off the water: marijuana or any other substance if possession is illegal under state or federal law.

#### 4 SAILING INSTRUCTIONS

The sailing instructions will be posted no later than August 9, 2024 at [the event website](#).

#### 5 COMMUNICATION

- 5.1 The online official notice board is located at [the event website](#).
- 5.2 [DP] All boats shall carry a VHF radio capable of communicating on channel 69.
- 5.3 On the water, the race committee will make courtesy broadcasts to competitors on VHF radio. The channel will be stated in the SIs.

#### 6 IDENTIFICATION ON COMPETITORS

- 6.1 RRS F9 G1(a) and 63.1 is changed to read: A competitor shall wear a shirt (jersey) provided by the Race Office (OA) with their personal competition number. Failure to wear the correct assigned personal competition number will result in a score of DNC without a hearing.
- 6.2 Jerseys need to be returned after the last race of the Series. If not, the OA will charge \$40.

## ENVIRONMENTAL STEWARDSHIP

### Host a beach or marina cleanup

Regatta had a beach cleanup on the morning of the second day of racing at Crissy Field where the regatta was staged. The beach cleanup was included in the race schedule.









Thursday, August 8, 2024		
TIME	SUBJECT	LOCATION
1500 - 1700	Early Bird Check-In	Starting Line Room
Friday, August 9, 2024		
TIME	SUBJECT	LOCATION
0900 - 1100	Check-In	Starting Line Room
1100 - 1130	Competitors Briefing	Starting Line Room
1330	First Warning Signal up to 5 races	On the Water
after racing	Freestyle Session	On the Water
~ 1.5 hrs after racing	Regatta Social & Grom Panel	Starting Line Room
Saturday, August 10, 2024		
TIME	SUBJECT	LOCATION
1000	Beach Clean Up	Crissy Beach
1100	Competitors Briefing	Starting Line Room
1230	First Warning Signal up to 3 races	On the Water
after 3 races	SF Bay Challenge	On the Water
after racing	After racing Freestyle Session	On the Water
~ 1.5 hrs after racing	Regatta Social & Raffle & Band	Starting Line Room
Sunday, August 11, 2024		
TIME	SUBJECT	LOCATION
1100	Competitors Briefing	Starting Line Room
1230	First Warning Signal up to 5 races	On the water
~ 1 hrs after racing	Regatta Social and Awards	Starting Line Room

Promote sustainable alternative transportation

Race office used electric transport to bring staff and materials to the regatta staging area. Participants were encouraged to carpool.





Increase awareness of wildlife and habitat protection

Baykeeper distributed information about their efforts to protect the bay and asked participants to sign up to get updates.





**Sign Up to Get  
Email Updates  
From Baykeeper**



Offer vegetarian or vegan alternatives

Participants had the option of getting a vegetarian or vegan alternative at the race dinners.







## GREEN BOATING

### Use eco-smart management techniques

The wingfoils are powered by the wind, not gas. The spectator area was on the beach and at the club so spectators were not on gas powered boats.



### Prevent toxins from entering water

Water-only washdowns are the only practice that has been used at this club for years. Sailors for the Sea Green Boating Guide was shared with participants in the race notice and sailing instructions.

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### Encourage green boating practices

Race notice and sailing instructions include info and share green boating guide. Regatta sponsor Dermatone distributed reef safe sunscreen to participants.

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