



Sailing Federation of Hong Kong, China  
中國香港帆船運動總會

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# SUN HUNG KAI & CO.



# HK

Race week  
香港帆船賽週 2024

## 31 JAN TO 4 FEB 2024

[www.hongkongraceweek.com](http://www.hongkongraceweek.com)

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## SUN HUNG KAI & CO. HONG KONG RACE WEEK 2024

Incorporating the

### 2024 29er Asian Championship

### Clean Regatta Report - Sailors for the Sea

# SUN HUNG KAI & CO. HONG KONG RACE WEEK 2024

## Incorporating the 2024 29er Asian Championship

### Clean Regatta Report

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*Hong Kong Race Week is an annual event, that repeatedly demonstrates a collective commitment to improving our marine environment by educating our sailors, applying recycling principles, minimising waste and avoiding single-use plastics.*

*The event is well recognised for its commitment to Sailors for the Sea as an established Clean Regatta.*

#### 1. Eliminate Single-Use Water Bottles and Provide Water Refill Stations

From the onset – the RHKYC has been actively promoting the banning of single use plastic products at the club.

On 4 May 2016 – the Royal Hong Kong Yacht Club announced that the Club will no longer sell beverages in single-use plastic bottles nor provide members with plastic bags or plastic straws. This initiative took effect from 8 June 2016, an auspicious date being the internationally celebrated World Oceans Day, a United Nations recognised day of celebration and action for the ocean held every 8 June.

Then RHKYC Rear Commodore of Sailing, Anthony Day said, “Reducing the amount of waste being dumped into our oceans is one of the challenges of our time. Here in Hong Kong, where recycling is effectively non-existent, it’s impossible to sail far without being struck by the amount of plastic that finds its way into our waters and onto our beaches. As one of the world’s larger and most active yacht clubs, RHKYC is then uniquely positioned to be able to show innovation and leadership in no longer using or providing plastic bags, bottles or straws. I am proud of our cadets for showing the way through their successful initiatives promoting the use of reusable water bottles over the past three editions of **Hong Kong Race Week** and grateful both to our management and to our membership for now taking up the ‘plastic free’ challenge with effect from World Oceans Day.”

#### “Navigating the World Towards Ocean Health” - NO SINGLE USE PLASTIC BOTTLES!

##### Reusable Water Bottles

As one of the RHKYC’s flagship events, Hong Kong Race week continues to ensure the regatta is run to the highest sustainable manner. This year in line with the RHKYC policy – to not sell, provide, or encourage the use of single use plastic bottles due to the detrimental effect to the environment, both competitors and volunteers were supplied a souvenir aluminium reusable water bottle to use, as part of the **SUN HUN KAI & CO. HONG KONG RACE WEEK** welcome pack initiative or otherwise encouraged to use other reusable bottles.

**Water refilling stations** were located in both female and male changing room and in 6 other locations scattered throughout the boat park and hardstand, which provided large water carboys with pumps to refill personal water bottles, along with **water jugs available** at the bar for a top up. The carboys were also distributed to all Race Committee vessels and coach boats so sailors and volunteers could refill their bottles while on the go out on the racetrack.



## 2. Eliminate Plastic Straws

As part of the Club's commitment in 2016 to eliminating single use plastic – plastic straws have also been eliminated from the RHKYC. Straws are issued by request only in paper form.



## 3. Serve Food with Plastic-Free Dinnerware and reduce food waste

This year more conscious decisions were made regarding food waste and preparation of the after-racing sailor snack. The daily hot snack was offered in sugar-based bento boxes, enabling the reduction of food waste by giving the sailors the ability to take the food with them and not discarding it and adding to food waste. Standard cutlery was used with the option for wooden cutlery being available on demand if the meal was required to be taken away with the sailor.



#### 4. Use and Provide Reusable Bags

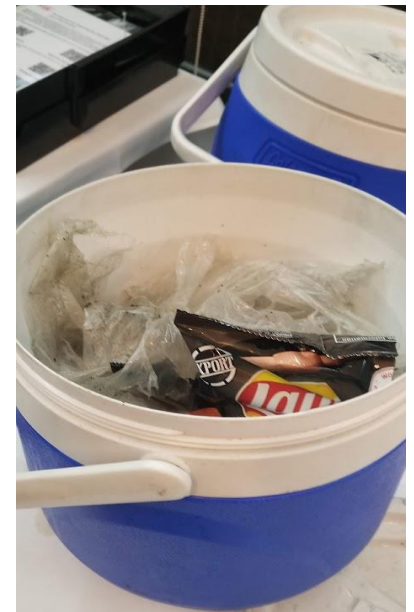
As part of the event Souvenir items pack initiative, all sailors and volunteers were issued with a day bag back-pack. A very practical souvenir to help distribute sailor items including, safety sign on tags, water bottle and sunscreen, while also offering great advertisement for our regatta. The item can continue to be used long after the regatta.



The use of non- single use bags was also implemented for Volunteer lunches. RHKYC branded reusable bags were used for the distribution of lunch packs daily for all our volunteers, along with water-tight buckets with a screw top lid that are used for every RIB to help keep the lunches dry. These are used year on year.

Each bag and bucket are clearly labelled for the race management team boat and at the end of each day the bags are returned, rubbish distributed and then set up for use again the next day.

\*All sandwiches were wrapped in waxed paper with no plastic wrap used.



## 5. Award Practical Items or Use a Perpetual or Upcycled Trophy

### Regatta Awards:

Awards were all upcycled and produced by socially responsible group who vocationally train and employ handicapped and disability workers, to assist with their production. Upcycled wooden wine crates are used to produce the regatta medals. This year the sailors received a practical prize of a computer satchel with the medal as a zip pull.



## 6. Publicity of HKRW sustainability efforts & certification

The participation in the Clean Regatta program started with the inclusion statement in the **Notice of Race:**

*“The event is designated a Clean Regatta by the Sailors for the Sea, a non-profit organisation that educates and empowers boaters to protect and restore our oceans and coastal waters. Our goal is Platinum Level.”*

**Dedicated Website with specific content:** Our Website home page includes our past certification as a Clean Regatta for Sailors of the Sea and includes the Sailor for the Sea logo in the footer. We also have a specific page that links through to our efforts as a dedicated Clean Regatta participant.

HKRW - website home page with Clean regatta accreditation listed

HKRW – dedicated sustainability page <https://www.hongkongraceweek.com/sustainability>

Targeted Newsletters, social media and radio program features were implemented in promoting sustainability:



### TRASH TALK – Radio broadcast.

The HKRW efforts for Sustainability and Clean Regatta Status were highlighted on a Hong Kong Radio program as part of a feature on [RTHK3 called Trash Talk](#) - a lifestyle feature about how we can better reuse, reduce and recycle in Hong Kong. Trash Talk is designed to update the Hong Kong audience on the current sustainability scene in Hong Kong. The show is aired Mondays at 1010am on the RTHK3 Brunch with Noreen show and then distributed on [Apple Podcasts as "RTHK Trash Talk"](#).

The program featured the incredible success of HKRW and the Royal Hong Kong Yacht Club attaining Platinum Level Clean Regatta accreditation for Sailors for the Sea, setting the standard for all sporting events in Hong Kong and across Asia. The interview was run pre HKRW 2024, further promoting our sustainability efforts.

Our Sustainability Team at the RTHK studio were RHKYC Commodore Lucy Sutro, RHKYC Sustainability Sub-Committee member Sheila Chan, and Marcy Trent Long - who kicked off HKRW's association with Sailors for the Sea as a HKRW committee member in 2015.

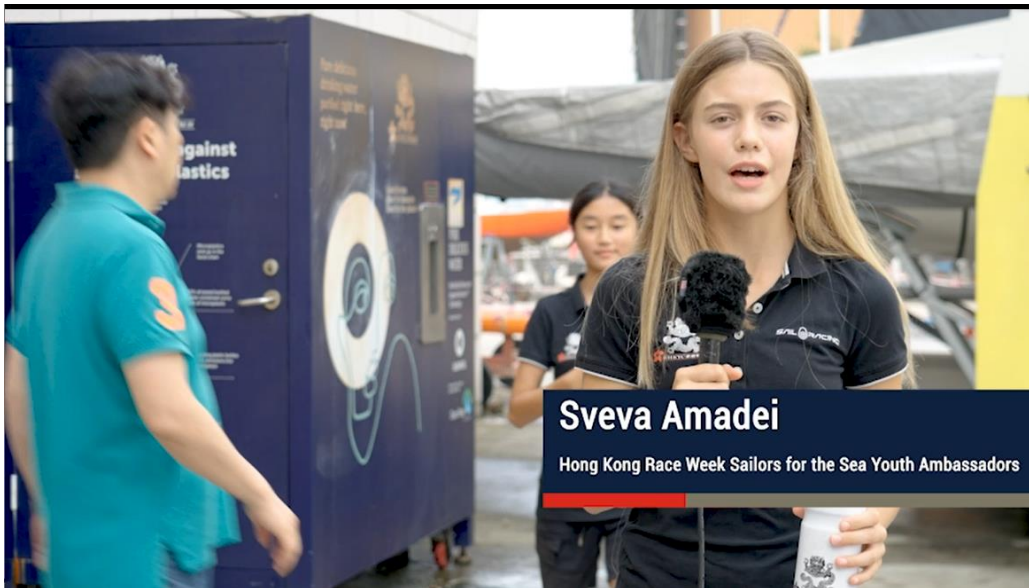


## Video presentation: International Council of Yacht Clubs

Our Hong Kong Race Week Sailors for the Sea Youth Ambassadors commitment stretches well beyond just the HKRW regatta. Our two ambassadors from 2023 continued their hardwork throughout the year not only promoting the event, but also highlighting the efforts of the Royal Hong Kong Yacht Club sustainability program.

A special Sustainability video was produced to highlight the sustainability practices of the RHKYC for the International Council of Yacht Club's, and both of our HKRW Sailors for the Sea Youth Ambassadors featured highlighting the importance of no single use water bottles.

Full video presentation can be seen here: [Sustainability RHKYC](#)





## 7. Involve Regional Organizations:

### *Racing against plastic pollution: Sustainability talk at RHKYC for Sun Hung Kai & Co. Hong Kong Race Week by regional Asia Pacific sustainability activist – Lisa Blair*

The RHKYC club newsletter also promoted a HKRW sustainability talk with record breaking Australian solo sailor – Lisa Blair who discussed racing across formidable oceans, the health & sustainability of our oceans and how we can all help.

Lisa is the fastest person to sail solo, non-stop and unassisted around antarctica on her yacht [Climate Action Now](#) and holds 5 world records in sailing. A celebrated Magenta Project mentor with over 70,000 nautical miles under her belt, Lisa shared her sailing experiences and the important research she conducts while at sea, for ocean health and testing for microplastics.

This Clean Regatta initiative, as part of Hong Kong Race Week’s commitment to Sailors for the Sea, saw both HKRW sailors and RHKYC members in attendance to hear about Lisa’s enthusiasm and drive to really make a change to help the ocean. Attendees were asked to participate by writing down just one thing they could do to make a difference after her inspiring talk. A collection of [post it notes](#) messages as seen on the hull of her yacht, carry the commitment of the participants to making change happen.



**SUN HUNG KAI & CO.** JOIN THE FASTEST PERSON TO SAIL SOLO, NON-STOP AND UNASSISTED AROUND ANTARCTICA

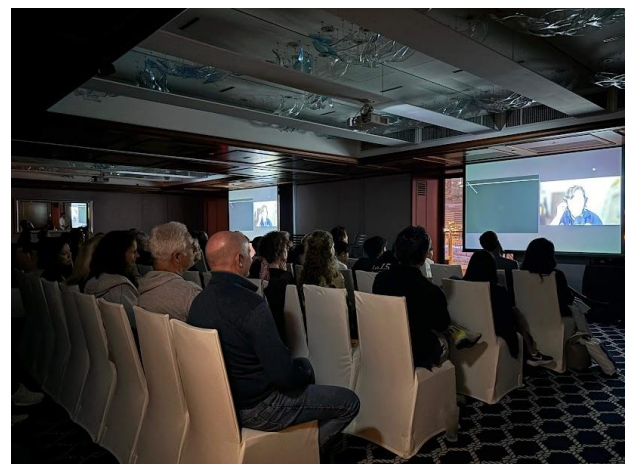
**HK Race week**  
香港帆船賽週

Lisa will share her sailing experiences and the important research she conducts while at sea, for ocean health.

Join the race to restore ocean health

**SAILORS FOR THE SEA**  
OFFICIAL PLATINUM PARTNER  
POWERED BY OCEANA

A Clean Regatta initiative as part of Hong Kong Race Week & RHKYC commitment to Sailors for the Sea



Click here to view in a browser



Watch our Latest Club Video!



### YMC Back to College Games Night

Sunday 17 December | Main Lawn | 1830hrs

[Read more >](#)



### Speaker's Corner - No Limits

Record breaking solo sailor – Lisa Blair discusses racing and Clean Oceans

Thursday 11 January | Regatta Room | 1830hrs

[Read more >](#)



### YMC Presents: Physical 30

Thursday 25 January | Annex Rooftop | 1900hrs

[Read more >](#)



### Sun Hung Kai & Co. Hong Kong Race Week 2024 incorporates the 2024 29er Asian Championship

We look forward to hosting the best 29er sailors in Asia!

Register now for Measurement

**BOOK TO MEASURE**

Support our Clean Regatta & meet record breaking solo sailor Lisa Blair as she discusses racing in formidable oceans and the health & sustainability of our Oceans:  
**Thursday 11 January 1830 hrs**



**BOOK TO ATTEND**



Lisa Blair's informative talk on ocean and sustainability introduced our sailors to the [Climate Action Now](#) story, and again highlighted how precious our oceans are.

## 8. Post Educational and Reusable Signage

We recycled signage from the 2017/2018 Volvo Ocean Race Hong Kong Stopover – which has been on display at all our HKRW events and remains permanently outside our Sailing Office at RHKYC. We also use targeted signage to reinforce the message of our commitment to the non-supply of single use plastic bottles and straws, plastic pollution and ocean conservation.

Drains around the clubhouse are also marked to highlight the importance of not dropping litter as it ends up in the sea.





Since 2016 RHKYC has banned single-use plastic bottles, bags, straws and cutlery, etc. and continues to minimise the use of single-use plastic.

為減少使用即棄塑膠用品，自2016年起，香港遊艇會已禁用即棄膠樽、膠袋、塑膠飲管及餐具等。

## RHKYC Sustainability Working Group



IMAGE: RHKYC / GUY NOWELL



## 9. Serve Local Food or Source Seafood Sustainably

The event served up local inspired meals to both sailors and volunteers. Our volunteers enjoyed local favourites such as steamed pork buns and Hong Kong's famous Pineapple buns amongst the breakfast offered up to our volunteers every morning of the regatta.



*\*The Club also only serves food that is locally sourced and from sustainable sources. WWF has helped us to assess several seafood suppliers in Feb 2016 and we started to serve sustainable seafood in Oct 2016. Products from suppliers are certified by the Marine Stewardship Council with 100% traceable origin, 100% natural, 100% free of chemical, antibiotics and growth hormones, 100% safe.*



## 10. Organize a Green Team

The organising Committee formed the Green Team for the event helping to set up the Sustainability talk with Lisa Blair to gain maximum traction for both the event and the Club on the issues Clean Regattas and what everyone can do to help make a difference.

The event also nominates 2 x Youth Sailors to be Clean Regatta Ambassadors for the regatta, to reinforce the commitment of the Royal Hong Kong Yacht Club's Youth Sail Racing program "The SHARKS" with Hong Kong Race Week.



To help highlight efforts in Racing Against Plastic Pollution, the Ambassadors spoke at the opening ceremony of the event, explaining to the sailors how the items handed out in competitors Race Pack help

the environment. Anyone with questions, were encouraged to look for our **Sailors for the Sea Youth Ambassadors** Penelope Wilde and Cyrus Chan for more information.

In their speech at the opening ceremony – conducted in both English and Chinese, both sailors spoke to highlight the Sailors for the Sea and Clean Regatta Programs:

“Good afternoon fellow Hong Kong Race Week competitors, coaches and race committee. We are excited to welcome you all to our home and hope you enjoy your time racing here. We are Cyrus Chan and Penelope Wilde from the RHKYC Sharks racing team and one of our core focuses is the protection of our marine environment. At Sun Hung Kai & Co. Hong Kong Race Week we are racing against plastic pollution.

Together with our Green team, the Royal Hong Kong Yacht Club Sustainability Committee and Sailors for the Sea - we are working for a Clean Regatta. A healthier ocean starts here with us all.

***Every sailor will receive a reusable water bottle - forget the plastic water bottle - reuse your water bottle every time you sail and remember the great sailing here at HKRW each time you use it.***

Remember REDUCE - REUSE – RECYCLE – RESTORE - REPLENISH Enjoy Sun Hung Kai & Co. Hong Kong Race Week 2024 and good luck racing!”

## 11. Ensure Proper Waste Bin Placement and Signage

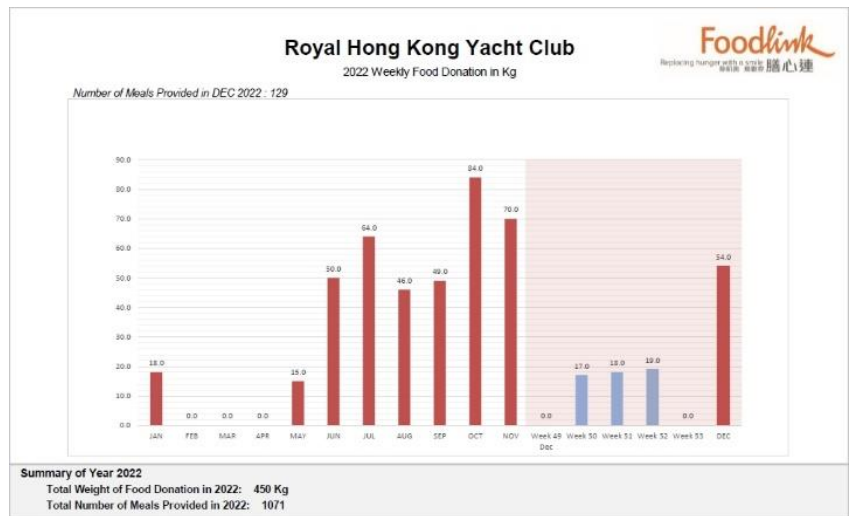
We have multiple, well placed and signed rubbish bins at the event venue, each also displaying easily identified markings to indicate the recycling choice – in both English and Chinese.



## 12. Divert Food Waste from the Landfill

Sugar based recyclable container was offered to sailors for their after sailing snack, enabling them to take home any uneaten food and eliminating further food waste. The RHKYC also incorporates the use of ORCA Machine.

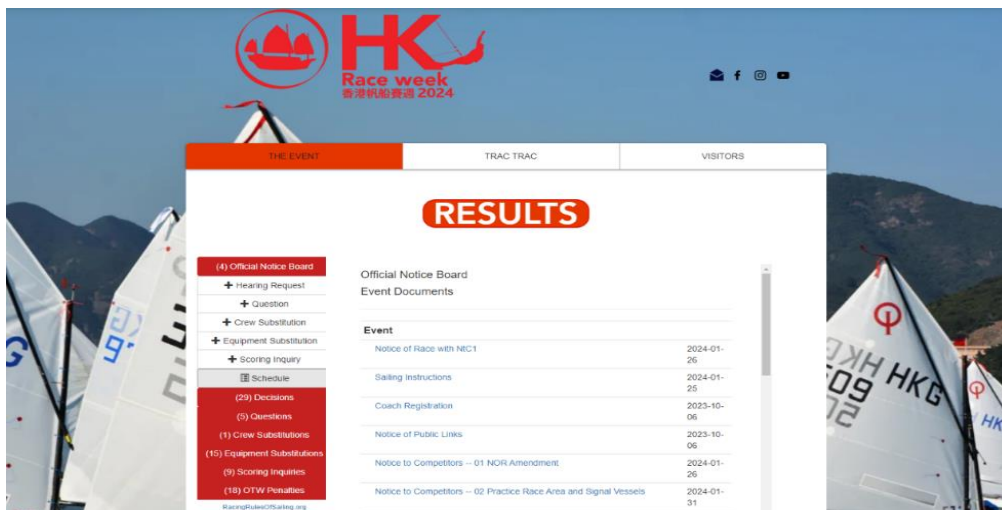
We have had a food waste processing unit, the ORCA machine at the Club since 2019. The machine is now processing around 300 kg of food waste every month, and minimizes waste being discharged to landfill. The RHKYC also participates in the “Foodlink food recycle” programme. Foodlink collects safe-to-eat surplus food from us and deliver to those in need and this helps local community and reduces our city's landfill. Collected food is provided to people who live below the poverty line in Hong Kong.



## 13. Use Paperless Event Management

Sun Hung Kai & Co. Hong Kong Race Week uses various online portals to handle event management needs. The event has a dedicated website that embeds all the features for a full online entry registration, Online Notice Board and sign on and off the water safety system by incorporating the event management system *Clupspot*, along with the *RRoS* portal for full support for all the Sailors, Coaches Race Committee, Technical Committee and Jury communication required.

\*Online Notice Board



## \*Online Entry System

CLUBSPOT  Search entries... + ENTRY

HELP CENTER >

21 registrations have duplicate sail numbers. Click here to [view the duplicates](#).

**Entry List** Message Filter Export

SAILORS	SAIL NUMBER	CLUB/ORG	CLASS	PAYMENT	CHECK-IN STATUS	E-SIGNATURES	REGISTERED
1 MINGZHOU CAI MINGTONG LI <small>INCOMPLETE CREW</small>	CHN 16	梅沙远航队 Meisha	RS Feva	PAID HK\$1,200.00	CHECKED IN	SIGNED	Dec 14 2023, 9:54 PM
2 Albert Yang Ryan Chen	CHN 8	梅沙远航队 Meisha	RS Feva	PAID HK\$1,200.00	CHECKED IN	SIGNED	Dec 14 2023, 2:26 PM
3 Yiqiao Liu Pengyu Yan	CHN 14	Vanhang	RS Feva	PAID HK\$1,200.00	CHECKED IN	SIGNED	Dec 14 2023, 9:31 PM
4 Raymond Zhuang	CHN 114514	Vanhang Sailing	ILCA 6	PAID HK\$750.00	CHECKED IN	SIGNED	Dec 14 2023, 7:16 PM
5 Chenxi Liu	CHN 214672	Vanhang Sailing	ILCA 4	PAID HK\$750.00	None	PARTIALLY SIGNED	Dec 15 2023, 11:37 AM
6 Jack Zeng	CHN 114861	Vanhang Sailing	ILCA 4	PAID HK\$950.00	CHECKED IN	SIGNED	Dec 27 2023, 9:52 PM
7 Jason Lin	CHN 210325	Vanhang Sailing	ILCA 4	PAID HK\$750.00	CHECKED IN	SIGNED	Dec 19 2023, 6:04 PM
8 Jiahua Chen	CHN 210910	Vanhang	ILCA 4	PAID HK\$750.00	CHECKED IN	SIGNED	Dec 18 2023, 9:06 PM
9 CHE LIU	CHN 214379	Vanhang	ILCA 4	PAID HK\$750.00	CHECKED IN	SIGNED	Dec 14 2023, 1:44 PM
10 Jiayin Li Xiaotian Ma	CHN 12	Vanhang	RS Feva	PAID HK\$1,200.00	CHECKED IN	SIGNED	Dec 6 2023, 11:51 AM
11 Yixiu Luo	CHN 210703	Vanhang	ILCA 4	PAID HK\$750.00	CHECKED IN	SIGNED	Dec 10 2023, 10:57 PM
12 Ruofei Huang Sichang He	CHI 9	Vanhang	RS Feva	PAID HK\$1,200.00	CHECKED IN	SIGNED	Dec 14 2023, 8:03 PM

Sun Hung Kai & Co. Hong Kong Race Week 2024 - Incorporating the 2024 29er Asian Championship

## \*Electronic Sign On / Off the water:





## 14. Host a Beach Clean-up

### Racing against plastic pollution: Beach clean-up for Sun Hung Kai & Co. Hong Kong Race Week

Promotion of the event's best practices of Beach Clean-up and Clean Ocean environmental awareness was done through the RHKYC newsletters distributed to the membership data base. The Youth sailing squad the SHARKS took time out of their training schedule for the event to get behind the effort to clean up the local beach at Middle Island to make sure the Club was race ready for Hong Kong Race Week 2024. Our Youth Ambassadors were part of the SHARKS Race Team and actively recruited their Sailing Squad to participate in a beach cleanup the weekend prior at the regatta venue.



## 15. Promote Alternative Transportation

More sustainable ways of getting to HKRW are always promoted on the event website.

Local public transport is highlighted as the best means of getting to the race venue. With Hong Kong's very efficient public transport system, this option makes it extremely easy for competitors to easily access the race venue, particularly for our international sailors and international jury who were able to use the frequent and efficient service from their nearby regatta partner hotel, reducing the need to rely on multiple additional cars and taxis to transfer people for short trips.

A bus stop is conveniently located at the top of the stairs leading to the small dock area which services the Race Venue Island. Sampans (ferries) run by solar powered electric motors transfer people across to the island venue.

**GUIDE - [CLICK HERE](#)**

### HOW TO GET TO MIDDLE ISLAND:

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[Directions to Middle Island](#) with photos on this link public bus.

Then walk via Seaview Promenade from Deepwater or Repulse Bay (or steps near bus stops) to ferry.  
Repulse Bay (or steps near bus stops) to ferry.

Bus stops as shown:-

1) Stop 1: Citybus route 6 from Central (daily) Citybus route 61 from Central (Sundays & Public Holidays in Summer) First Bus route 63 from North Point (Mondays-Saturdays) First Bus route 66 from Central (daily)

2) Stop 2: Return routes for buses listed in point 1)

3) Stop 3: Citybus route 6A (Mondays-Saturdays) Citybus route 6X from Central (daily) Citybus route 73 from Cyberport (daily) Citybus route 260 from Central (daily) Citybus route 973 from Tsimshatsui East (daily) First Bus route 65 from North Point (Sundays & Public Holidays) First Bus route 315 from the Peak (Sundays & Public Holidays) Green Mini Bus route 40 from Causeway Bay to Stanley (daily) Green Mini Bus route 52 from Aberdeen to Stanley (daily)

4) Stop 4: Return routes for buses listed in above point 3)



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## 16. Increased Awareness of Wildlife and Habitat Protection:

With the assistance of Marine Biologist club member Thea Bradford - as our advisor for HKRW Marine wildlife updates, along with our invited speakers such as *Lisa Blair* and *A Plastic Ocean*, the RHKYC is engaged in an ongoing partnership project of oyster rejuvenation. The Oyster SOS project engages diverse stakeholders (academics, government officials, oyster & fish farmers, educators, NGOs) and integrates ecological restoration, scientific research, STEM & conservation education, and public engagement to achieve this goal.

As a leader in water sports, the Royal Hong Kong Yacht Club is well recognised for its commitment towards protecting the marine environment while educating and inspiring its members on marine conservation. At the core of what we do, a healthy marine environment is indispensable. Given the Club's position at Kellett Island, Middle Island, and Shelter Cove, RHKYC and Hong Kong Marine Ecology Association believe by synergizing our strengths, we can help create a healthy and thriving marine environment for organisms and people to enjoy.

The deployment of cages of live oysters and oyster shells in RHKYC's shores in Kellett Island, Middle Island, and Shelter Cove started as a 12 -to-18-month monitoring period and member engagement in a variety of educational activities relating to oysters continues.

Members were initially introduced to the scheme with a 30-minute talk on oyster shell strings, then participated in one hour of drilling of the oyster shells and assembling them into on oyster strings. Members then help to participate in deploying the oyster shell strings off a Pontoon and then can volunteer to record the progress in scheduled check-ups of an ongoing basis.



## 17. Offer Vegetarian or Vegan Alternatives

Vegetarian food was on offer for both sailors and volunteers at this event. Volunteers were asked upon confirmation of their commitment to join the event, for their preference of a lunch provided – asking for vegan - vegetarian or any other food intolerances, likewise at the breakfast offer each morning.

Vegetarian meals were also available for sailors, with catering also available for full vegans.

## 18. Eco-Smart Race Management equipment

The RHKYC are currently testing robotic marks which will further increase protection of the seabed from anchors that are currently otherwise in use to lay marks.

These remotely controlled marks are operated via an electronic tablet and can be dropped into the water by a committee vessel. They are then guided accurately into position with the aid of their own propulsion and held in place by the locking in a GPS coordinate.

\*The use of Bow Stickers has been eliminated since 2016



## 19. Prevent Toxins from Entering the Water



As a dinghy regatta there is a “Water Only Washdown” protocol for all boats at our event. We also advocate water conservation with an allocated adult volunteer monitoring and restricting the use of the hose for washing down returning boats from the racetrack. Speedy wash downs ensure the reduction of wasted water.

The RHKYC also actively promotes the prevention of toxins and rubbish going into the waterways with signage on drains that go into the waterway.

The RHKYC Kellet Island Boat yard employs measures of all hardstand boat yard contaminates going into a sump, which is then pumped into holding tanks where it is processed. The clean water goes into the main drainage system, while the contaminated solids are taken away by truck for toxic waste treatment and disposed.

## 20. Green Boating Practices: Fleet management – Alternative Fuel

The RHKYC launched an initiative for Solar powered EV sampans ( ferries) in 2022, with more vessels now on order. The vessels offer solar powered electric engines to take the short journey across to Middle Island - the race venue of HKRW.

The solar powered sampan saves around 30 litres of petrol per day of operation, and yearly it will reduce greenhouse emissions equivalent to 28.6 tons of CO<sub>2</sub>.



## Additional Enhanced Recycling Upcycle old banners:

Our volunteers again this year assisted in upcycling old vinyl banners - cutting hundreds of squares out, which were distributed to sailors to write their country prefix and sail number on and attached to their beach trolley.

As our regatta operates without bow numbers, this process helps our volunteer launch and retrieval beach team to easily identify the beach trolleys. This assists with being able to organise the trolley systematically to enable quick location after having been stack in numerical order to the waiting sailors, as they arrive back to the boat ramp after racing each day.



## Enhanced environmental awareness watch:

The Ocean starts here: the truth about what goes down the drain and ends up in our waterways needs to be highlighted to everyone.

By using targeted prints on the drains around the club, we aim to raise further awareness to the issue of rubbish being washed down drains and then into our waterways.

