

**SAILORS FOR THE SEA**  
**CLEAN REGATTA**  
**REPORT**  
**2025 Interschool Sailing Festival**  
Hosted by  
**ROYAL HONG KONG YACHT CLUB**



## 2025 Interschool Sailing Festival

*The Interschool Sailing Festival has been running at the Royal Hong Kong Yacht Club since 2003. In this the 18th annual running - as one of the Club's signature events, the Inter-School Sailing Festival brings the importance of teamwork into youth sailing. While on the water the sailors push themselves towards a common goal with great sportsmanship, it is also a great opportunity to get the message out about the environment and raise awareness of Clean Regattas for Sailor for the Seas.*

### Eliminate Single-Use Water Bottles and Provide Water Refill Stations

**“Navigating the World Towards Ocean Health” - NO SINGLE USE PLASTIC BOTTLES!**

#### Reusable Water Bottles

As one of the Royal Hong Kong Yacht Club's signature events, the Boase Cohen & Collins Interschool Sailing Festival strives to comply with the highest sustainable manner and is run in line with the RHKYC policy of not to sell, provide, or encourage the use of single use plastic bottles due to the detrimental effect to the environment, both sailors and volunteers are supplied a souvenir aluminium reusable water bottle to use, as part of the Interschool registration and are encouraged to use this or another reusable bottle at all times.

**Water refilling stations** were in both female and male changing rooms, along with being set up in 2 other locations on the hardstand - large water carboys provided with pumps to refill personal water bottles, along with the presence of a large capacity water filter machine that is located on the hardstand which further reduces the need to purchase water.



## Eliminate Plastic Straws



As part of the Club's commitment in 2016 to eliminating single use plastic – plastic straws have also been eliminated from the RHKYC.

\*Straws are not issued - by request only in paper form.

## Serve Food with re-usable tableware

Food was available and served on reusable melamine dinnerware with standard cutlery for the event – all to be washed and re used creating no wastage for any type of plastic packaging.

## Use or Provide Reusable Bags

Using non- single use bags was implemented for Volunteer lunches. RHKYC branded reusable bags are used for the distribution of lunch packs daily for all our volunteers, along with water-tight buckets with a screw top lid that are used for every RIB to help keep the lunches dry. These are used year on year.

Each bag and bucket are clearly labelled for the race management team boat and at the end of each day the bags are returned, rubbish distributed and then set up for use again the next day.

\*All sandwiches were wrapped in waxed paper with no plastic wrap used.





### Perpetual & Upcycled Trophy / Medal

Take home trophies for the schools and medals for the students, were all produced by a socially responsible group who vocationally train and employ handicapped and disability workers, to assist with their production. Wooden wine crates are recycled from the Royal Hong Kong Yacht Club and used to produce upcycled regatta medals and trophies.



Perpetual trophies are also used for the overall winning school. \*Our sailors even embracing socially responsible sustainability and bring along an electronic tablet to display their school name rather than on a plastic banner.





### Venue & Beach Clean -Up:

This year the Beach Cleanup arranged for the Interschools Sailing Festival was as a student led initiative. Led by student Selina Daswani of the South Island School, with assistance from fellow students, Selina organised a beach clean-up to be held during the running of the regatta. Students not involved directly with the team racing in upcoming flights were called to action.

Student Selina said, “This was not just an opportunity to clear debris from our shores; it was a chance to come together as a community, and for the students to learn about environmental stewardship, and to make a tangible difference in the local ecosystem.”

The student sailors were updated about the Clean Regatta status at the race briefing and the importance of them to attend the beach Clean Up.

“I was proud to lead an event which brought together young sailors from various schools, including South Island School, Chinese International School, French International School, King George, German Swiss International School, Hong Kong International School, ISF, Kellett International School and Renaissance College.

The beach clean-up was a vital reminder of our responsibility to protect our oceans and coastal environments. Working alongside my fellow students, we collected debris and litter from the beach, which not only cleared our local beach but also helped safeguard marine wildlife.

Hosted by the Royal Hong Kong Yacht Club, the clean-up was part of our broader commitment to sustainability. The regatta also implemented measures such as eliminating single-use food containers and providing water refill stations at the festival, ensuring that we minimised waste during the event.

Participating in this clean-up allowed us to see firsthand the impact of pollution on our marine ecosystem. It was inspiring to see so many young sailors dedicated to making a difference. Together, we learned that every small action matters, and through initiatives like Sailors for the Sea, we can collectively drive change.

By engaging in sustainable practices and raising awareness, we can make a lasting impact. Together, we can be champions of sustainability, inspiring our peers and communities to join us in the vital mission of safeguarding our marine environments for future generations.”

Having made this clean-up a great success, Selina and her team has further helped to share the Club’s commitment to protecting the beautiful waters we sail on.



Publicity of Interschool Sailing festival sustainability efforts & certification

To follow up all our Clean Regatta’s and particularly when involving the schools – we push out a specific newsletter announcing the result of our efforts when the accreditation is awarded for our Clean Regatta submission. The level of achievement also posted on our RHKYC social media accounts: Facebook | Instagram | Twitter | Linked In, also published on our permanent event page on our RHKYC website.

This year we have also published an article in Ahoy! the RHKYC magazine, regarding the student-led initiative Beach Clean-Up which involved nine of the eighteen competing schools. Further to this, the exposure on the plight of sustainability to Hong Kong’s public via the education system, encouraged our youth to embrace the stance on the matters of sustainability and ocean health through the Clean Regatta.



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PARKINGPUBLIC ACCESS

25°C 92% 25 APR

(CWB) Southwest, 2.6 kts

LOGIN

CALENDAR

SAILING

ROWING & PADDLE SPORTS

TRAINING COURSES

FOOD & BEVERAGE

NEWS

CLUB & FACILITIES

MARINE / BOATYARD

MEMBERSHIP

Q

Guest Parking Restriction - 3 to 4 May and 10 to 11 May

Home / Sailing / Races and Regattas / Local Racing / Inter-School Sailing Festival

Sailing Calendar

Races and Regattas

Local Racing

Around Middle Island Race

Around the Island Race

Autumn Regatta

China Coast Race Week

China Coast Regatta

Hong Kong Race Week

Inter-School Sailing Festival

Ladies Helm

Nations' Cup

Spring Regatta

Sunset Series

Top Dog Trophy Series

HKRNVR Memorial Vase

Lipton Trophy

Tornes Cup

YMC Alma Mater Race

YMC Po Toi Challenge

Coastal Race Series 2024-2025

Offshore Racing

Sailing Results

Past Events

Classes

Race Management

China and Overseas Events

Sailing and Training Circular

Crew Board

Seminars

Sail Training

Sail To Change



Inter-School Sailing Festival  
2025

RHKYC Middle Island  
15 to 16 March

www.rhkyc.org.hk/sailing/races-and-regattas/local-racing/inter-schools

INTER-SCHOOL SAILING FESTIVAL - 15 TO 16 MARCH 2025

The inaugural Inter-School Sailing Festival was organised in 2003 by the RHKYC's parent-led Youth Sailing Class, to encourage more schools' sailing and sail training in Hong Kong.

The concept was simple – each team would consist of a minimum of six sailors, who would race three dinghies in a team racing format against their opposition. The results for each boat in a team would be combined and the team with the lowest combined score would win; hence a team finishing 2nd, 3rd and 5th in a race would prevail over a team finishing 1st, 4th and 6th.

The team racing format has the effect of neutralising the benefit of having one very good sailor in a team, as being first over the line is not necessarily the optimal result for the team. Tactics feature heavily, with competitors strategically delaying opposition boats to help boost their team's aggregate score.


For more details please contact Nikki at the Sailing Office:  
Nikki.Claringbold@rhkyc.org.hk

- Notice of Race - [here](#)
- Sailing Instructions - [here](#)
- Results - [here](#)

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FOR THE  
SEA  
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SAIL  
WORLD

YEAR	DIV A	DIV B	BOATS USED
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We also promote our commitment to Sailors for the Sea for the event, highlighting our achievements and further pushing out the message online via social media posts, also incorporates the local initiative - Pick Up Plastic endorsement – a Club led initiative.



### Post Educational and Reusable Signage



Since 2016 RHKYC has banned single-use plastic bottles, bags, straws and cutlery, etc. and continues to minimise the use of single-use plastic.

為減少使用即棄塑膠用品，自2016年起，香港遊艇會已禁用即棄膠樽、膠袋、塑膠飲管及餐具等。

**RHKYC Sustainability Working Group**



To further reinforce both the stance of the Interschool Sailing Festival / RHKYC's ongoing commitment to Sailors for the Sea and sustainability, reminding sailors of our responsibility through signage displayed at the club perpetually.



### Local and Sustainable Food

The event offers locally inspired meals for sale for both sailors and volunteers, which is also locally sourced and from sustainable sources.

*\* WWF helped us to assess several seafood suppliers in Feb 2016 and we started to serve sustainable seafood in Oct 2016. Products from suppliers are certified by the Marine Stewardship Council with 100% traceable origin, 100% natural, 100% free of chemical, antibiotics and growth hormones, 100% safe*

### Offer Vegetarian or Vegan Alternatives

Vegetarian food was on offer for both sailors and volunteers at this event. Volunteers were asked upon confirmation of their commitment to join the event of their preference of a lunch provided – asking for vegan - vegetarian or any other food intolerances. This also helps to eliminate additional food waste.

### Event Green Team

Our Green Team for the 2025 Interschool Sailing Festival was a collaboration between the Organising Committee and RHKYC member Sheila Chan of the Sustainability Sub Committee advising our nominated student Green Team Leader Selina Daswani.

Through the ongoing interaction of our youth sailors at events such as the Inter School Sailing Festival and RHKYC's signature youth event Hong Kong Race Week, our sailors are becoming well groomed in matters of single use plastic and sustainability in the efforts for preserving our ocean environment.

All schools are encouraged to get involved with following the Sailors for the Sea program to ensure the younger generation are made fully aware of how our actions are impacting the environment.

### Ensure Proper Waste Bin Placement and Signage



We have multiple, well placed and signed rubbish bins at the event venue, each also displaying easily identified markings to indicate the recycling choice – in both English and Chinese.



## Divert Food Waste from the Landfill

While always serving responsible food choices and serving sizes to deter the instance of food waste, the RHKYC also incorporates the use of the ORCA Machine.

We have had a food waste processing unit at our Club since 2019, the ORCA machine. The machine is now processing around 300 kg of food waste every month, and minimizes waste being discharged to landfill. The RHKYC also participates in the "Foodlink food recycle" programme. Foodlink collects safe-to-eat surplus food from us and deliver to those in need and this helps local community and reduces our city's landfill. Collected food is provided to people who live below the poverty line in Hong Kong.



## Use Paperless Event Management

The regatta is run via a computer-generated Team Racing Program produced by the UK based UK Teams Racing Association. Entries, schedules and results are all generated and managed through the program and published online for the sailors to access the Online Notice Board on the webpage for the event.

	Tc	Position	Position	Tc		Teal	Winner	Loser	Notes	Concat	Current R
1	Loss	12	2 4 6	1 3 5	9	Win	CIS_P_1 CIS_P_1	HKSSA_P		CIS_P_1HKSSA_P	1
2	Loss	14	3 5 6	1 2 4	7	Win	MBS_P MBS_P	CDNIS_P		MBS_PCDNIS_P	2
3	Loss	12	1 5 6	2 3 4	9	Win	VMA_F VMA_F	ISF_F_1		VMA_FISF_F_1	3
4	Win	6	1 2 3	4 5 6	15	Loss	ISF_P_2 HKSSA_P	ISF_P_2		HKSSA_PISF_P_2	4
5	Loss	25	4 5 16	1 2 3	6	Win	HKIS_P HKIS_P	CDNIS_P	DNS CDNIS 6	HKIS_PCDNIS_P	5
6	Win	8	1 2 5	3 4 6	13	Loss	FIS_F ISF_F_1	FIS_F		ISF_F_1FIS_F	6
7	Win	11	2 3 6	1 4 6	11	Loss	ISF_P_2 JCIT_P	ISF_P_2	1EACHDNF 6	JCIT_PISF_P_2	7
8	Loss	11	2 4 5	1 3 6	10	Win	HKIS_P HKIS_P	CIS_P_2		HKIS_PCIS_P_2	8
9	Loss	16	6 6 4	1 2 3	6	Win	FIS_F FIS_F	KG_V_F	KG_V - 1boat only - DNS Race?	FIS_FKG_V_F	9
10	Loss	11	2 3 6	1 5 4	10	Win	FIS_P FIS_P	JCIT_P		FIS_PJCIT_P	10
11	Win	10	1 3 6	2 4 5	11	Loss	ISF_P_1 CIS_P_2	ISF_P_1		CIS_P_2ISF_P_1	11
12	Loss	18	6 6 6	1 2 3	6	Win	CDNIS_F CDNIS_F	KG_V_F	KG_V no show - DNS	CDNIS_FKG_V_F	12
13	Win	15	4 5 6	1 3 12	16	Loss	FIS_P SIS_P	FIS_P	sia DNS - FIS OCS 2+10	SIS_PFIS_P	13
14	Loss	15	4 5 6	1 2 3	6	Win	ISF_P_1 ISF_P_1	SJ_L_P		ISF_P_1SJ_L_P	14
15	Win	7	1 2 4	3 6 6	15	Loss	CDNIS_F KEL_F	CDNIS_F	2x DNF	KEL_FCDNIS_F	15
16	Win	9	2 3 4	1 5 6	12	Loss	VSA_P SIS_P	VSA_P	DNS VSA	SIS_PVSA_P	16
17	Loss	14	3 5 6	1 2 4	7	Win	WIS_P WIS_P	SJ_L_P	SJ - DNF	WIS_PSJ_L_P	17
18	Loss	14	3 5 6	1 2 4	7	Win	ISF_F_1 ISF_F_1	KEL_F		ISF_F_1KEL_F	18
19	Win	9	1 2 6	6 6 6	18	Loss	VSA_P REN_L_P	VSA_P	RET = 6	REN_L_PVSA_P	19
20	Win	9	2 3 4	1 6 6	13	Loss	WIS_P MBS_P	WIS_P	RET = 6	MBS_PWIS_P	20
21	Loss	15	4 5 6	1 2 3	6	Win	ISF_F_1 ISF_F_1	KG_V_F		ISF_F_1KG_V_F	21
22	Loss	15	4 5 6	1 2 3	6	Win	HKSSA_P HKSSA_P	REN_L_P	DNF	HKSSA_PREN_L_P	22
23	Win	11	1 4 6	3 5 12	20	Loss	HKIS_P MBS_P	HKIS_P	OCS	MBS_PHKIS_P	23
24	Loss	15	4 5 6	1 2 3	6	Win	VMA_F VMA_F	KG_V_F		VMA_FKG_V_F	24
25	Loss	12	3 4 5	1 2 6	9	Win	HKSSA_P HKSSA_P	FIS_P		HKSSA_PFIS_P	25

**Results**  
Enter the finishing positions for each boat in the relevant race.  
You may find it useful to hide columns K & O on the when scoring 3 boat teams, and J, K, N & O when scoring 2 boat teams.  
Scoring Penalties (ie OCS) should be applied here. Umpire initiated penalties should be entered on the Penalties sheet.

Stage 1 Schedule   STAGE 1 RESULT SHEETS   Stage 1 Results   Stage 1 Summary   Stage 2 Teams   Stage 2 Schedule   Stage 2 Schedule Plan B   Stage 2 Results   Stage 2 Summary

On shore, white boards and white board markers were used continually to update sailors as to which race was up next and which teams were next on course.

### Venue access:

Due to the proximity to public transport – the event is easily accessible via the local public bus system, with one bus stop located at the top of the access stairs above the ferry pick up point and another two within 5 to 7 minutes' walk along a dedicated waterfront promenade path. A train station is also located within a 30-minute walk to the ferry pick up point.

### Use Eco-Smart Race Management Techniques

Due to the type of racing being run and its proximity of being right in front of the RHKYC clubhouse – the start and finish boats are secured to laid moorings, helping to not further disturb the seabed with anchoring.



### Eco-Smart Race Management equipment

The RHKYC are currently testing robotic marks which will further increase protection of the seabed from anchors that are currently otherwise in use to lay marks.

These remotely controlled marks are operated via an electronic tablet and can be dropped into the water by a committee vessel. They are then guided accurately into position with the aid of their own propulsion and held in place by the locking in a GPS coordinate.

\*The use of Bow Stickers has been eliminated since 2016





## Preventing Toxins from Entering the Water



As a dinghy regatta there is a “Water Only Washdown” protocol for all boats at our event. We also advocate water conservation with an allocated adult volunteer monitoring and restricting the use of the hose for washing down returning boats from the racetrack. Speedy wash downs ensure the reduction of wasted water.

The RHKYC also actively promotes the prevention of toxins and rubbish going into the waterways with signage on drains that go into the waterway.

The RHKYC Kellet Island Boat yard employs measures of all hardstand boat yard contaminants going into a sump, which is then pumped into holding tanks where it is processed. The clean water goes into the main drainage system, while the contaminated solids are taken away by truck for toxic waste treatment and disposed.

## Green Boating Practices – Clean transportation on alternative fuel



The RHKYC launched an initiative for Solar powered EV sampans ( ferries) in 2022, with more vessels now on order. The vessels offer solar powered electric engines to take the short journey across to Middle Island - the race venue of the Boase Cohen & Collins Interschool Sailing Festival.

The solar powered sampan saves around 30 litres of petrol per day of operation, and yearly it will reduce greenhouse emissions equivalent to 28.6 tons of CO<sub>2</sub>.

2 x Solar powered electric Sampans were used for ferrying competitors to and from the Island race venue.

## Enhanced environmental awareness watch:



The Ocean starts here: the truth about what goes down the drain and ends up in our waterways needs to be highlighted to everyone.

By using targeted printing around the clubs drains we hope to raise further awareness. We also regularly highlight this image in social media posts for the Royal Hong Kong Yacht Club.