## **SAILORS FOR THE SEA**

## **CLEAN REGATTA**

### **REPORT**

## **2025 Interschool Sailing Festival**

# Hosted by ROYAL HONG KONG YACHT CLUB



#### 2025 Interschool Sailing Festival

The Interschool Sailing Festival has been running at the Royal Hong Kong Yacht Club since 2003. In this the 18th annual running - as one of the Club's signature events, the Inter-School Sailing Festival brings the importance of teamwork into youth sailing. While on the water the sailors push themselves towards a common goal with great sportsmanship, it is also a great opportunity to get the message out about the environment and raise awareness of Clean Regattas for Sailor for the Seas.

Eliminate Single-Use Water Bottles and Provide Water Refill Stations

"Navigating the World Towards Ocean Health" - NO SINGLE USE PLASTIC BOTTLES!

#### **Reusable Water Bottles**

As one of the Royal Hong Kong Yacht Club's signature events, the Boase Cohen & Collins Interschool Sailing Festival strives to comply with the highest sustainable manner and is run in line with the RHKYC policy of not to sell, provide, or encourage the use of single use plastic bottles due to the detrimental effect to the environment, both sailors and volunteers are supplied a souvenir aluminium reusable water bottle to use, as part of the Interschool registration and are encouraged to use this or another reusable bottle at all times.

Water refilling stations were in both female and male changing rooms, along with being set up in 2 other locations on the hardstand - large water carboys provided with pumps to refill personal water bottles, along with the presence of a large capacity water filter machine that is located on the hardstand which further reduces the need to purchase water.











#### **Eliminate Plastic Straws**



As part of the Club's commitment in 2016 to eliminating single use plastic – plastic straws have also been eliminated from the RHKYC.

\*Straws are not issued - by request only in paper form.

#### Serve Food with re-usable tableware

Food was available and served on reusable melamine dinnerware with standard cutlery for the event – all to be washed and re used creating no wastage for any type of plastic packaging.

#### Use or Provide Reusable Bags

Using non- single use bags was implemented for Volunteer lunches. RHKYC branded reusable bags are used for the distribution of lunch packs daily for all our volunteers, along with water-tight buckets with a screw top lid that are used for every RIB to help keep the lunches dry. These are used year on year.

Each bag and bucket are clearly labelled for the race management team boat and at the end of each day the bags are returned, rubbish distributed and then set up for use again the next day.

\*All sandwiches were wrapped in waxed paper with no plastic wrap used.







#### Perpetual & Upcycled Trophy / Medal

Take home trophies for the schools and medals for the students, were all produced by a socially responsible group who vocationally train and employ handicapped and disability workers, to assist with their production. Wooden wine crates are recycled from the Royal Hong Kong Yacht Club and used to produce upcycled regatta medals and trophies.



Perpetual trophies are also used for the overall winning school. \*Our sailors even embracing socialy responsible sustainability and bring along an electonic tablet to display their school name rather than on a plastic banner.



#### Venue & Beach Clean -Up:

This year the Beach Cleanup arranged for the Interschools Sailing Festival was as a student led initiative. Led by student Selina Daswani of the South Island School, with assistance from fellow students, Selina organised a beach clean-up to be held during the running of the regatta. Students not involved directly with the team racing in upcoming flights were called to action.

Student Selina said, "This was not just an opportunity to clear debris from our shores; it was a chance to come together as a community, and for the students to learn about environmental stewardship, and to make a tangible difference in the local ecosystem."

The student sailors were updated about the Clean Regatta status at the race briefing and the importance of them to attend the beach Clean Up.

"I was proud to lead an event which brought together young sailors from various schools, including South Island School, Chinese International School, French International School, King George, German Swiss International School, Hong Kong International School, ISF, Kellett International School and Renaissance College.

The beach clean-up was a vital reminder of our responsibility to protect our oceans and coastal environments. Working alongside my fellow students, we collected debris and litter from the beach, which not only cleared our local beach but also helped safeguard marine wildlife.

Hosted by the Royal Hong Kong Yacht Club, the clean-up was part of our broader commitment to sustainability. The regatta also implemented measures such as eliminating single-use food containers and providing water refill stations at the festival, ensuring that we minimised waste during the event.

Participating in this clean-up allowed us to see firsthand the impact of pollution on our marine ecosystem. It was inspiring to see so many young sailors dedicated to making a difference. Together, we learned that every small action matters, and through initiatives like Sailors for the Sea, we can collectively drive change.

By engaging in sustainable practices and raising awareness, we can make a lasting impact. Together, we can be champions of sustainability, inspiring our peers and communities to join us in the vital mission of safeguarding our marine environments for future generations."

Having made this clean-up a great success, Selina and her team has further helped to share the Club's commitment to protecting the beautiful waters we sail on.



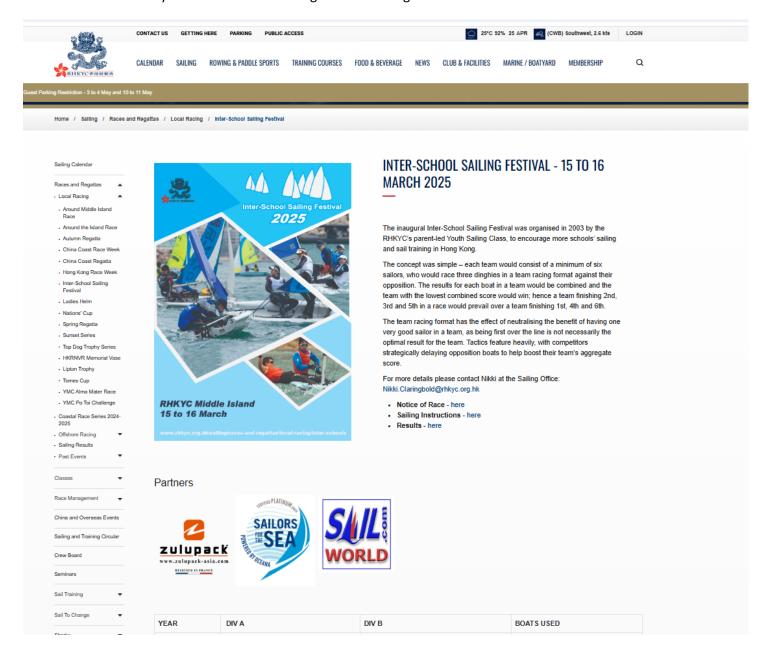




#### Publicity of Interschool Sailing festival sustainability efforts & certification

To follow up all our Clean Regatta's and particularly when involving the schools – we push out a specific newsletter announcing the result of our efforts when the accreditation is awarded for our Clean Regatta submission. The level of achievement also posted on our RHKYC social media accounts: Facebook | Instagram | Twitter | Linked In, also published on our permanent event page on our RHKYC website.

This year we have also published an article in Ahoy! the RHKYC magazine, regarding the student-led initiative Beach Clean-Up which involved nine of the eighteen competing schools. Further to this, the exposure on the plight of sustainability to Hong Kong's public via the education system, encouraged our youth to embrace the stance on the matters of sustainability and ocean health through the Clean Regatta.



We also promote our commitment to Sailors for the Sea for the event, highlighting our achievements and further pushing out the message online via social media posts, also incorporates the local initiative - Pick Up Plastic endorsement - a Club led initiative.





Post Educational and Reusable Signage



**RHKYC Sustainability Working Group** 





To further reinforce both the stance of the Interschool Sailing Festival / RHKYC's ongoing commitment to Sailors for the Sea and sustainability, reminding sailors of our responsibility through signage displayed at the club perpetually.







#### Local and Sustainable Food

The event offers locally inspired meals for sale for both sailors and volunteers, which is also locally sourced and from sustainable sources.

\* WWF helped us to assess several seafood suppliers in Feb 2016 and we started to serve sustainable seafood in Oct 2016. Products from suppliers are certified by the Marine Stewardship Council with 100% traceable origin, 100% natural, 100% free of chemical, antibiotics and growth hormones, 100% safe

#### Offer Vegetarian or Vegan Alternatives

Vegetarian food was on offer for both sailors and volunteers at this event. Volunteers were asked upon confirmation of their commitment to join the event of their preference of a lunch provided – asking for vegan - vegetarian or any other food intolerances. This also helps to eliminate additional food waste.

#### **Event Green Team**

Our Green Team for the 2025 Interschool Sailing Festival was a collaboration between the Organising Committee and RHKYC member Sheila Chan of the Sustainability Sub Committee advising our nominated student Green Team Leader Selina Daswani.

Through the ongoing interaction of our youth sailors at events such as the Inter School Sailing Festival and RHKYC's signature youth event Hong Kong Race Week, our sailors are becoming well groomed in matters of single use plastic and sustainability in the efforts for preserving our ocean environment.

All schools are encouraged to get involved with following the Sailors for the Sea program to ensure the younger generation are made fully aware of how our actions are impacting the environment.

#### Ensure Proper Waste Bin Placement and Signage



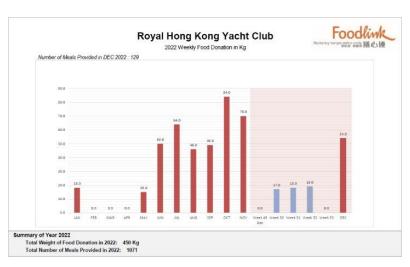
We have multiple, well placed and signed rubbish bins at the event venue, each also displaying easily identified markings to indicate the recycling choice – in both English and Chinese.

#### Divert Food Waste from the Landfill

While always serving responsible food choices and serving sizes to deter the instance of food waste, the RHKYC also incorporates the use of the ORCA Machine.

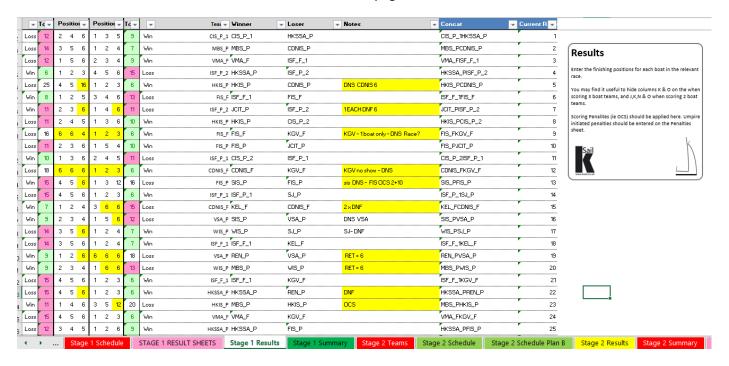
We have had a food waste processing unit at our Club since 2019, the ORCA machine. The machine is now processing around 300 kg of food waste every month, and minimizes waste being discharged to landfill. The RHKYC also participates in the "Foodlink food recycle" programme. Foodlink collects safe-to-eat surplus food from us and deliver to those in need and this helps local community and reduces our city's landfill. Collected food is provided to people who live below the poverty line in Hong Kong.





#### **Use Paperless Event Management**

The regatta is run via a computer-generated Team Racing Program produced by the UK based UK Teams Racing Association. Entries, schedules and results are all generated and managed through the program and published online for the sailors to access the Online Notice Board on the webpage for the event.



On shore, white boards and white board markers were used continually to update sailors as to which race was up next and which teams were next on course.

#### Venue access:

Due to the proximity to public transport – the event is easily accessible via the local public bus system, with one bus stop located at the top of the access stairs above the ferry pick up point and another two within 5 to 7 minutes' walk along a dedicated waterfront promenade path. A train station is also located within a 30-minute walk to the ferry pick up point.

#### **Use Eco-Smart Race Management Techniques**

Due to the type of racing being run and its proximity of being right in front of the RHKYC clubhouse – the start and finish boats are secured to laid moorings, helping to not further disturb the seabed with anchoring.



#### **Eco-Smart Race Management equipment**

The RHKYC are currently testing robotic marks which will further increase protection of the seabed from anchors that are currently otherwise in use to lay marks.

These remotely controlled marks are operated via an electronic tablet and can be dropped into the water by a committee vessel. They are then guided accurately into positioned with the aid of their own propulsion and held in place by the locking in a GPS coordinate.

\*The use of Bow Stickers has been eliminated since 2016





#### Preventing Toxins from Entering the Water



As a dinghy regatta there is a "Water Only Washdown" protocol for all boats at our event. We also advocate water conservation with an allocated adult volunteer monitoring and restricting the use of the hose for washing down returning boats from the racetrack. Speedy wash downs ensure the reduction of wasted water.

The RHKYC also actively promotes the prevention of toxins and rubbish going into the waterways with signage on drains that go into the waterway.

The RHKYC Kellet Island Boat yard employs measures of all hardstand boat yard contaminants going into a sump, which is then pumped into holding tanks where it is processed. The clean water goes into the

main drainage system, while the contaminated solids are taken away by truck for toxic waste treatment and disposed.

#### Green Boating Practices – Clean transportation on alternative fuel



The RHKYC launched an initiative for Solar powered EV sampans (ferries) in 2022, with more vessels now on order. The vessels offer solar powered electric engines to take the short journey across to Middle Island - the race venue of the Boase Cohen & Collins Interschool Sailing Festival.

The solar powered sampan saves around 30 litres of petrol per day of operation, and yearly it will reduce greenhouse emissions equivalent to 28.6 tons of CO2.

2 x Solar powered electric Sampans were used for ferrying competitors to and from the Island race venue.

#### Enhanced environmental awareness watch:



The Ocean starts here: the truth about what goes down the drain and ends up in our waterways needs to be highlighted to everyone.

By using targeted printing around the clubs drains we hope to raise further awareness. We also regularly highlight this image in social media posts for the Royal Hong Kong Yacht Club.