

Sailors for the Sea Clean Regatta Platinum Level Sustainability Report



2022 EurILCA Master European Championships

10/07/2022

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1. Eliminate Single-Use Water Bottles and Provide Water Refill Stations:



We offered two water refilling points in the village regatta's tent with the idea that the participants brought their own reusable bottles. We communicated this measure previously through a news published on the regatta website and during the event through social media and the regatta's Telegram group.

2. Eliminate Plastic Straws:

We didn't offer straws of any kind as the beverages offered during the afternoon's events were basically beer and water from the water points.

3. Serve Food with Plastic-Free Dinnerware:



We offered pasta most of the days, which we served with compostable dishes and forks, while cups and napkins were made of paper. We also celebrated a barbecue day where we served sausages and hamburgers with bread and napkins, so dishes and forks were no needed. We mostly offered draft beer with paper cups, but we offered also bottled beer during the opening ceremony and the barbecue day. Every day, we reminded all sailors where to waste all items through the regatta's Telegram group.

4. Use or Provide Reusable Bags:



Each sailor received a small Helly Hansen waterproof bag at their arrival. Each bag contained an official T-Shirt of the regatta and a wooden keyring to be used to identify their boat trolleys.

5. Award Practical Items or Use a Perpetual or Upcycled Trophy:



The welcoming gift consisted of a small Helly Hansen waterproof bag, an official T-Shirt of the regatta and a wooden key-ring to be used to identify their boat trolleys. All gifts are reusable. Winners were awarded EurILCA medals.

6. Publicize Your Sustainability Efforts:

Find here some links to the news and posts published about sustainability related to 2022 EurILCA Master European Championships:

- Club Nàutic l'Escala – Youtube 12/10/2022: <https://www.youtube.com/watch?v=HYeRI6pI18g>
- EurILCA – Youtube 12/10/2022: <https://www.youtube.com/watch?v=2KbSMkOtVRY>
- Press release Club Nàutic l'Escala sent to media on 30/9/2022 - <https://nauticescala.com/en/news/2022-eurilca-master-european-championships-de-lescala-sustainable-event/>
- Press release Club Nàutic l'Escala sent to local media on 5/10/2022: <https://nauticescala.com/en/news/2022-eurilca-master-european-championships-social/>
- Web post by EurILCA 30/9/2022: <https://eurilca.org/sustainability-first-at-the-2022-eurilca-master-europeans/>
- Information promoted between participants through event communication channels: <https://nauticescala.com/en/news/2022-eurilca-master-european-championships-sustainable-event/>
- Club Nàutic l'Escala Instagram:
 - o <https://www.instagram.com/p/CjnBgxLuOvp/>
 - o <https://www.instagram.com/p/Cjnpml7ofjy/>
 - o <https://www.instagram.com/p/CjldMC9OhyM/>
- EurILCA Instagram:
 - o <https://www.instagram.com/p/Cjm-dBogzQN/>
 - o <https://www.instagram.com/p/Cjm6oi3L2O3/>
 - o <https://www.instagram.com/p/Cjf3jDIJIUp/>
 - o <https://www.instagram.com/p/CjS78Z6Ou5t/>
 - o <https://www.instagram.com/p/Cjlwn3Esiyc/>

7. Involve Local Organizations:



In 2022, EurlLCA Master European Championships was integrated into the Community Service Project of the EI Pedró high school of L'Escala. The Club Nàutic l'Escala and the Department of Education of the Catalan Government signed a collaboration agreement with which the 2022 EurlLCA Master European Championships regatta integrated into the Community Service Project of the local EI Pedró school. Eight fourth-grade students from the local school participated in the organization of the regatta. They helped in tasks of support and accompaniment of the sailors, which allowed them to expand their learning in the active exercise of citizenship, as well as to put their knowledge and abilities into play at the service of the community.

The Community Service Project is an educational action, within the framework of the compulsory secondary school students' educational curriculum, which aims to promote civic engagement among students. Through community service actions such as the collaboration in this regatta, the development of students' social and civic competence is promoted, while allowing them to analyze their environment and commit to improving it.

8. Post Educational and Reusable Signage:



Plastic & cans



Bottle use required



Sustainable event - please help us



Sustainable event - please help us



**Recycling
point**



**Water
point**



Water and waste points were signaled to help its location and use. Waste bin signals included a QR linked to all the sustainable measures to be checked by the sailors as well as the signal Sustainable event (included as a picture), which was available at the race office and next to the water point, at the regatta's village tent. All the signal supports can be reused for further events just sticking the new images on to them.

9. Serve Local Food or Source Seafood Sustainably:

The main food supplier was the Club's restaurant, in charge of the meals offered during the opening ceremony and the pasta served most of the days. The barbecue sausages and hamburgers were bought by a local dealer and cooked by the Club's staff.

10. Organize a Green Team:



We created what we called the Blue Team easily located thanks to its blue t-shirt. They helped sailors during their stay, launching and recovering their boats, but also maintaining all area clean and with all the services in good working order. They also assisted the participants in any sustainable questions they had.

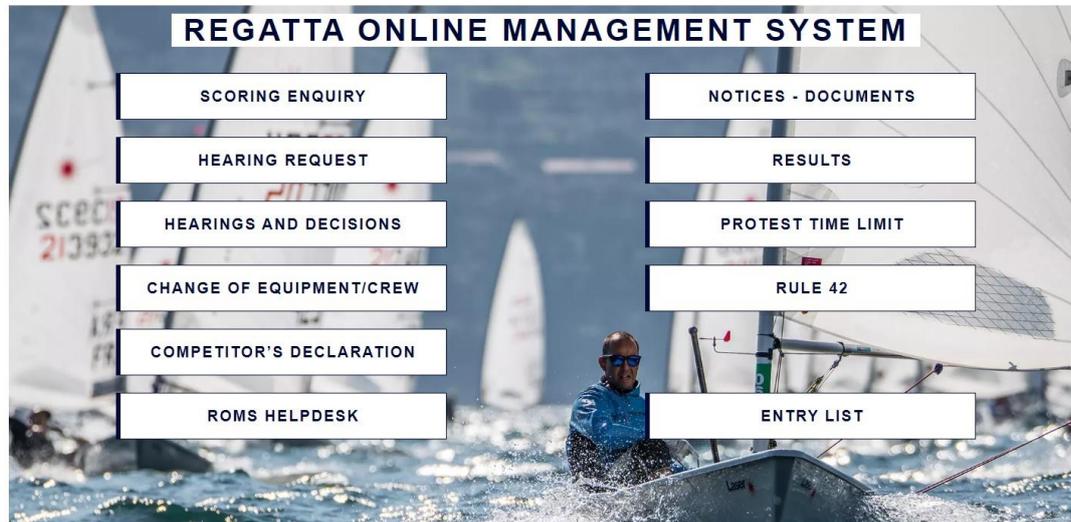
11. Ensure Proper Waste Bin Placement and Signage:



Eight waste management points were distributed between the race office, the race village tent and the launching area with waste, paper and plastic bins. The days where bottled beer was offered, they were asked to return the bottles at the bar (inside the race village tent) to be properly recycled. It was not possible to include a compostable waste bin as this service is not available in L'Escala at this moment.

12. Divert Food Waste from the Landfill:

13. Use Paperless Event Management:



All the documents of the Notice Board were available through the event website (<https://2022-master.eurilca-europeans.org/>). We used the ROMS service (<https://onb.eurilca.roms.ar/masterseuropeans2022/index.php/en/>) which allowed sailors to check notices, documents, results and other information as to submit any questions and requests related to the event with the need of no paper versions of any of these race documents.

14. Host a Beach or Marina Clean-up:





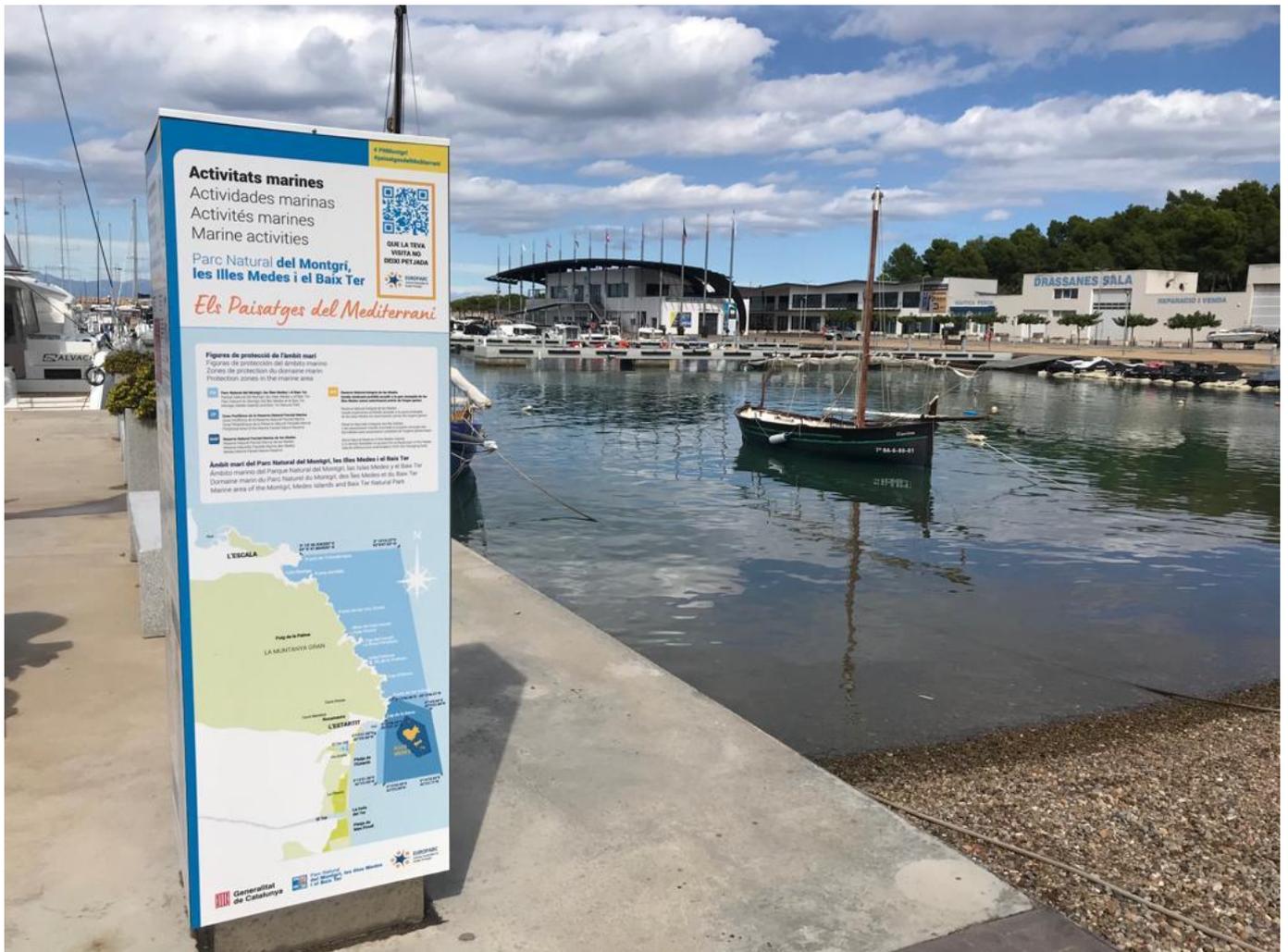
On the 12th of October, all sailors were invited to participate in a Coast clean-up held before sailing. The area selected was Les Planasses, an area located next to the marina which is integrated into the Montgrí Natural Park. The most commonly found item was paper (used as toilet paper) and the bigger one, a foam float, but there were also plastics, cans and broken glass bottles founded.

15. Promote Alternative Transportation:



There was a rental bike service available during all championships with all information needed at the race office.

16. Increase Awareness of Wildlife and Habitat Protection:



× WASTE MANAGEMENT

- Club Nàutic l'Escala is located right next to the Montgrí Natural Park, a protected area of great natural value. Remember that **it is not allowed to throw waste into the water** in order to guarantee its conservation.
- Recycling: both at the launching area and the at Village Marquee, **you will find several recycling points duly identified with paper containers (blue), plastic (green) and waste (grey)**. Make use of it and if you have any questions, consult the Blue Team of the regatta.
- Elimination of single-use plastics: during the regatta **only plates, cutlery and compostable cups will be provided**

Club Nàutic l'Escala is located next to the Montgrí Natural Park. There was an information totem about the Natural Park located next to the launching area. It shows information about the protected area and its regulation in order to conserve it. Its conservation for future generations has been the main argument to ask all participants to maintain a responsible behavior as well to participate at the Coast Cleaning. This activity held on the 12th of October before sailing allowed them to help protecting and get to know the Natural Park. Before the start of the activity all the participants were informed about that, and during the cleaning we talked about the area and why is it protected.

17. Offer Vegetarian or Vegan Alternatives:

From 9th October to 13th October food was served to sailors after racing. 9, 10 and 12 October the meal was pasta with two options available, one of them vegan (pasta salad, pasta with vegetables...). On 11th October we held a barbecue where sausages and vegetables burgers were offered. For the closing ceremony, the sailors enjoyed pizza, prosciutto or vegetables to choose from.

18. Use Eco-Smart Race Management Techniques

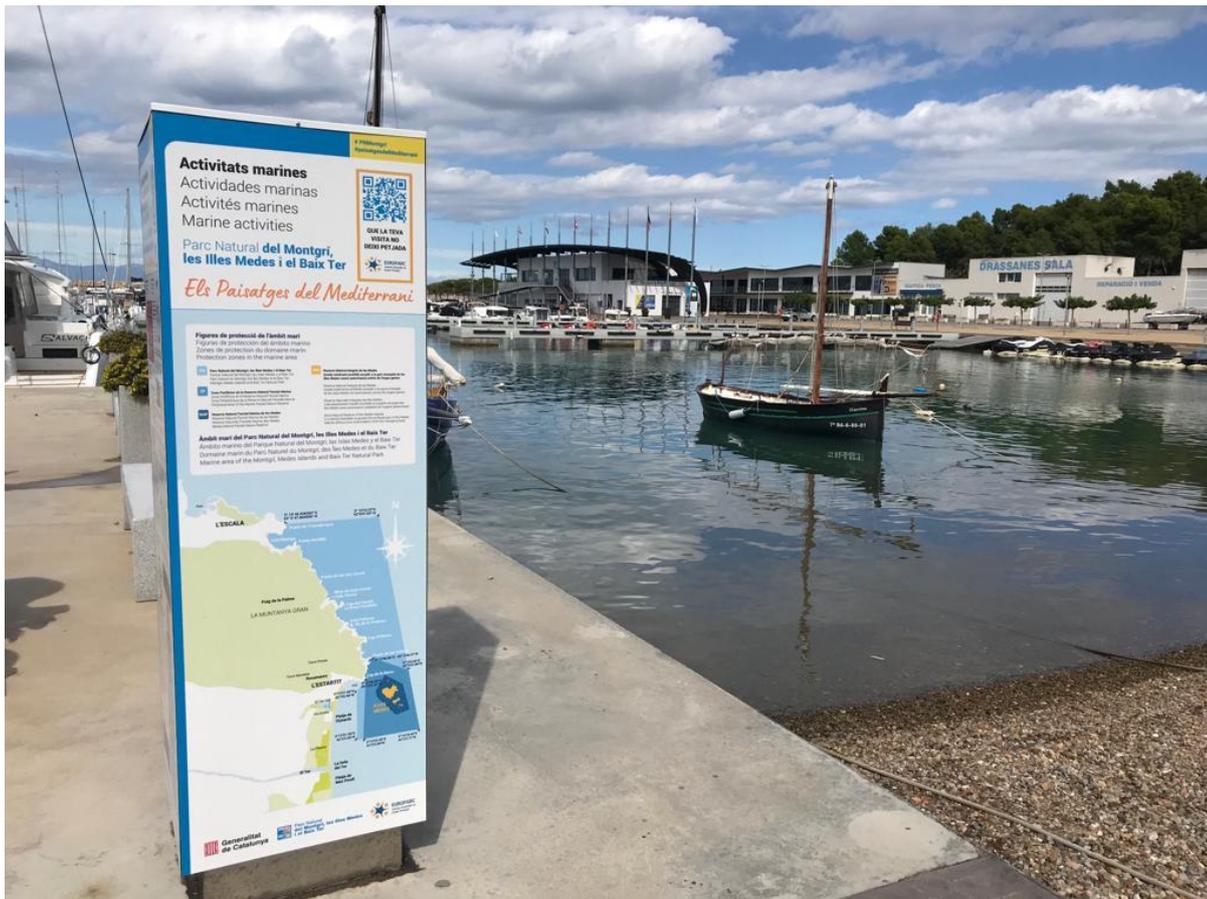


Apart from the ROMS mentioned above, we found a solution to spare the plastic stickers normally used to identify boat trolleys at the launching area. All sailors were provided with a wooden key ring where they could note the number to solve that. This key ring is ecofriendly and is completely reusable.

19. Prevent Toxins from Entering the Water

The use of soap for cleaning boats was regulated throughout the port area and only ecological and biodegradable soap could be used to do so. If needed, they could get the product at the race office.

20. Encourage Green Boating Practices



All measures taken encouraged the responsible attitude of all sailors. They were also able to check the Green Boating practices promoted by the Montgrí Natural Park through an information panel located next to the launching area.